

What are the key barriers and facilitators of community pharmacy PrEP delivery for UK pharmacists and community members?

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Background

- PrEP NHS availability only via sexual health clinics may create barriers to access
- PrEP uptake has been slow and low among
 - Trans people
 - Cisgender women
 - Young people
 - People of Black African or Caribbean heritage



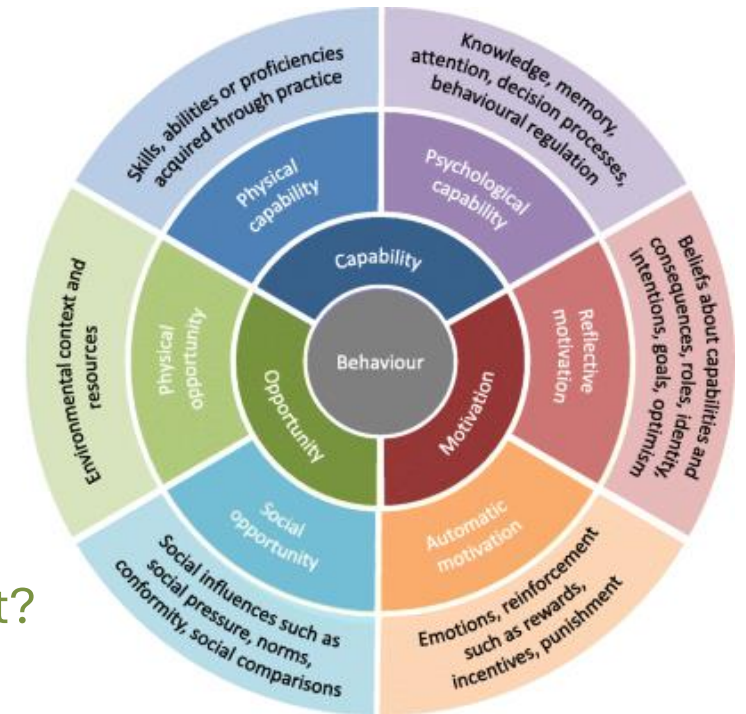
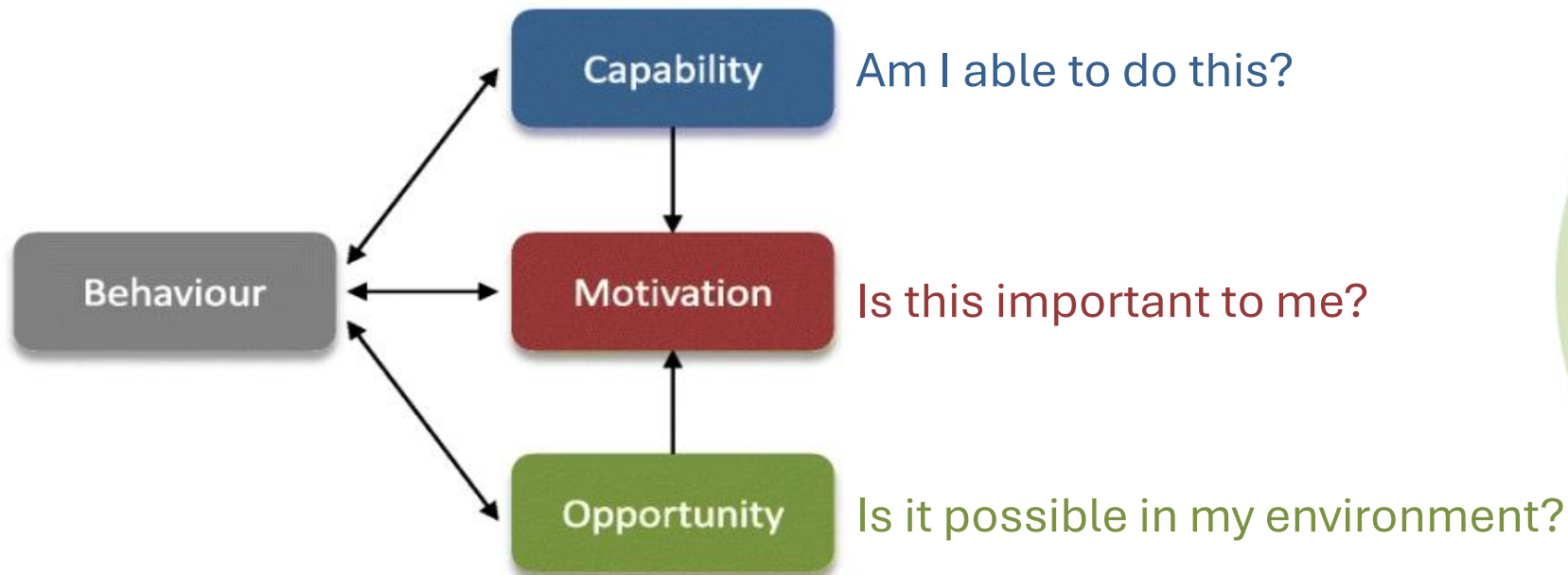
Background

- Approximately 11,000 pharmacies in the UK
- 90% of people live 20 minutes away and make one visit per year
- Expanding PrEP delivery to community pharmacies could:
 - Raise awareness
 - Reduce barriers to access
 - Increase utilisation



Aim

- To explore the barriers and facilitators of community pharmacy PrEP delivery for UK pharmacists and community members using the COM-B to inform the design of a PrEP pharmacy pilot



Methods & participants

Recruitment



You will be given a £20 shopping voucher for your participation

Can you help research that aims to find new ways to protect people from HIV?

- PrEP (Pre-exposure prophylaxis) is a pill taken by HIV negative people before and after sex that reduces the risk of getting HIV
- PrEP is currently only available free via sexual health clinics
- We are researchers at the University of Bristol working to improve access to PrEP
- We want to speak to women of Black African heritage face-to-face, online or on the phone to learn more about their views on improving sexual health services and PrEP being available via pharmacies.

For more information, please contact China Harrison

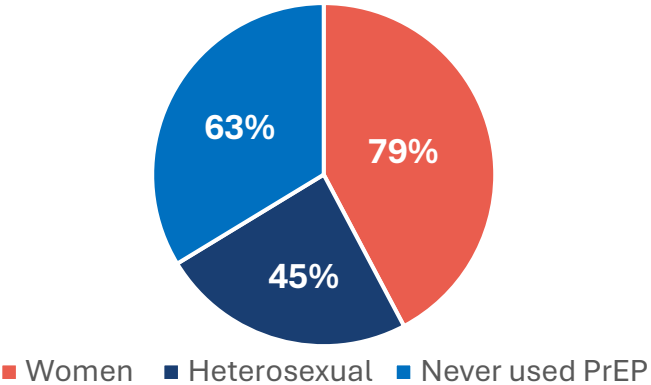
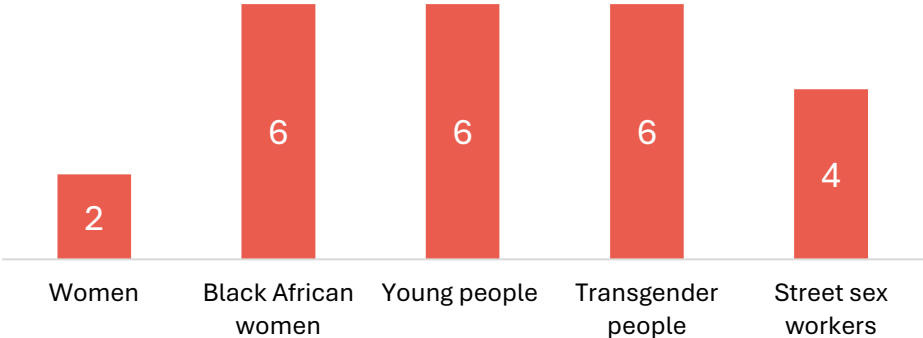
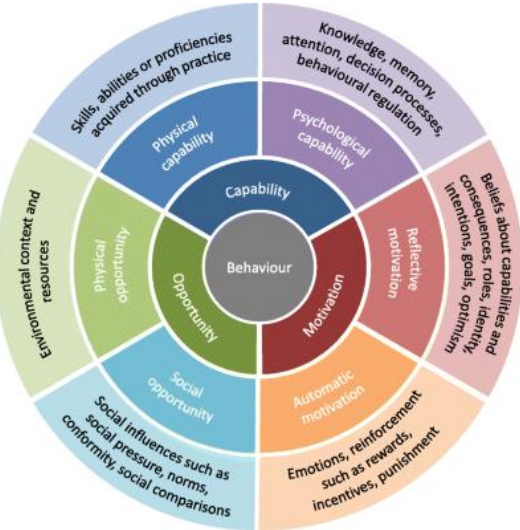
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Data collection



Data analysis



Barriers & facilitators – Capabilities



- Lack of HIV and PrEP awareness and knowledge

“it's some kind of medication that you take if you have got it (HIV)” W4

- Lack of awareness of pharmacy facilities and pharmacist qualifications and experience to deliver

“Being a pharmacist... I suppose your day-to-day is writing up prescriptions” YP6

- Lack of skills and training needed to deliver PrEP

“Training, to make sure I know what I’m talking about” Pharm12.

““I think the first thing is to make people aware” Pharm11

- Provision of education, HIV and PrEP specific training
- Improving PrEP awareness (advertising)



BAW=Black African Women, TP=Trans person, YP=Young person, W=Women, SW=Sex worker, pharm=pharmacist

[illegible]

- [illegible]

time

“At the present moment, we can’t get staff, and we can’t get locums, and it’s a real, real challenge” Pharm7

“taking the blood in a pharmacy at the minute is difficult or will be difficult” Pharm5.

“Pharmacy is a very local thing so that would make it a lot easier for people to get PrEP” YP.

“More like an appointment session, book an appointment with the pharmacist” BAW15

- Accessibility of pharmacies
- Hiring pharmacy staff
- PrEP appointments and walk in service
- Collaborative practice agreement and use of other care pathways

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Barriers & facilitators – Motivation

- Perceived lack of need for PrEP
- Concern about the financial cost of PrEP
- Belief that PrEP use would lead to increase in STIs
- Stigma associated with PrEP use
- Preference for accessing PrEP from other setting

“At the present moment, we can’t get staff, and we can’t get locums, and it’s a real, real challenge” Pharm7

“taking the blood in a pharmacy at the minute is difficult or will be difficult”
Pharm5.

“So, as long as it’s funded, I can’t see any issue” Pharm14

“Because you’re just going to the pharmacy. There’s a lot of reasons to go to the pharmacy” TP

- Preference for PrEP delivery via pharmacies
- Reimbursement for PrEP
- Believing that PrEP would be more discrete and less stigmatising



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Conclusions

- Pharmacy PrEP delivery is acceptable for pharmacists and preferred by community members
- For it to be feasible, an acceptable, effective evidence-based PrEP pharmacy intervention should:
 - Educate, train and raise awareness to increase capabilities (C) and motivation (M)
 - Support system and environmental changes to increase opportunities (O) and motivation (M)



Thank You

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Project page

