

Mind, Body and Soul: Engaging Black African and Caribbean communities to develop community led approaches to sexual health promotion

Chantelle Walker

Sexual Health Team Lead, BHA For Equality

BHA For Equality + The PaSH Partnership



The PaSH  Partnership

Passionate about Sexual Health across Greater Manchester



GEORGE
HOUSE  TRUST
HIV POSITIVE LIVING



Sexation: Bridging Sexuality + Creativity



Co-Production



“...I would definitely work with BHA again given the opportunity I feel our values are aligned and the efficiency of the team was commendable...”



Workshops

“We need more of this in our communities”



*“Great workshop.
Wonderful to connect
something fun with
something as important
as sexual health”*



The Equality Talk



• DAB • APP • ONLINE



**THE
EQUALITY
Talk**

Focus on Black African and
Caribbean Sexual Health

Every Saturday | 1:00pm - 2:00pm

Listen on 

@radioafricana
www.radioafricana.com

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The “S” Word

DAWN



DAWN IS A DEDICATED NATUROPATH AND HERBALIST PRACTICING AT LIVING NATURAL ON HULME HIGH STREET. SHE IS PASSIONATE ABOUT FACILITATING HEALING THROUGH NATURAL MODALITIES, INCLUDING HERBAL REMEDIES, VITAMINS, DIETARY GUIDANCE, AND HOLISTIC CONVERSATIONS. DAWN IS ESPECIALLY COMMITTED TO SERVING AND EMPOWERING HER COMMUNITY THROUGH HER PRACTICE.



DR JENNIFER OWUSU ADJEI



JENNIFER, IS AN OBSTETRICS AND GYNAECOLOGY DOCTOR. SHE CO-FOUNDED NEARA HEALTH TO BRIDGE THE INFORMATION GAP, OFFERING ACCURATE RESOURCES AND FOSTERING INFORMED DECISION-MAKING. SHE ENVISIONS NEARA HEALTH AS A COMMUNITY WHERE WOMEN FIND SUPPORT, RELIABLE RESOURCES, AND CONNECT WITH EXPERTS, REFLECTING HER DEDICATION TO POSITIVE CHANGE IN WOMEN'S HEALTH THROUGH EXPERTISE IN MEDICINE, EDUCATION, AND ENTREPRENEURSHIP



CHANTELLE WALKER



CURRENTLY PURSUING A MASTERS IN PSYCHOSEXUAL AND RELATIONSHIP THERAPY, CHANTELLE HAS A PARTICULAR INTEREST IN WORKING WITH CLIENTS TO ENHANCE THEIR SENSUALITY AND SEXUAL WELLBEING. SHE IS ALSO PASSIONATE IN SUPPORTING PARTNERSHIPS TO USE THEIR PRESENTING ISSUES AS A CATALYST FOR A STRONGER CONNECTION.

SHE WOULD LIKE TO SEE MORE PEOPLE FROM MENALANTED COMMUNITIES ACCESSING THIS PROVISION.



RIANNA RAYMOND-WILLIAMS



RIANNA IS COMPLETING HER PHD EXPLORING HOW BLACK CARIBBEAN WOMEN EXPERIENCE SEXUAL AND REPRODUCTIVE HEALTHCARE SERVICES IN THE UK. RIANNA IS A FREELANCE JOURNALIST, HER WORK HAS SPARKED CRUCIAL CONVERSATIONS AND INFLUENCED POLICY CHANGES, DEMONSTRATING HER COMMITMENT TO ADVANCING RACIAL EQUITY AND HEALTH JUSTICE.

MOVING FORWARD, RIANNA AIMS TO CONTINUE USING HER PLATFORM TO AMPLIFY THE VOICES OF BLACK WOMEN AND OTHER MARGINALISED VOICES.



DR REMI MOGEKWU



REMI IS A DOCTOR SPECIALISING IN OBSTETRICS AND GYNAECOLOGY. THROUGHOUT HER CLINICAL CAREER,

EXEMPLIFIED BY HER ROLE AS CO-FOUNDER OF NEARA HEALTH-A WOMEN'S HEALTH EDUCATION PLATFORM. WITH A DEDICATED INTEREST IN FEMTECH, HEALTH EDUCATION AND DIGITAL HEALTH, REMI STRIVES TO EMPOWER AND EDUCATE WOMEN.



WOMBBAE

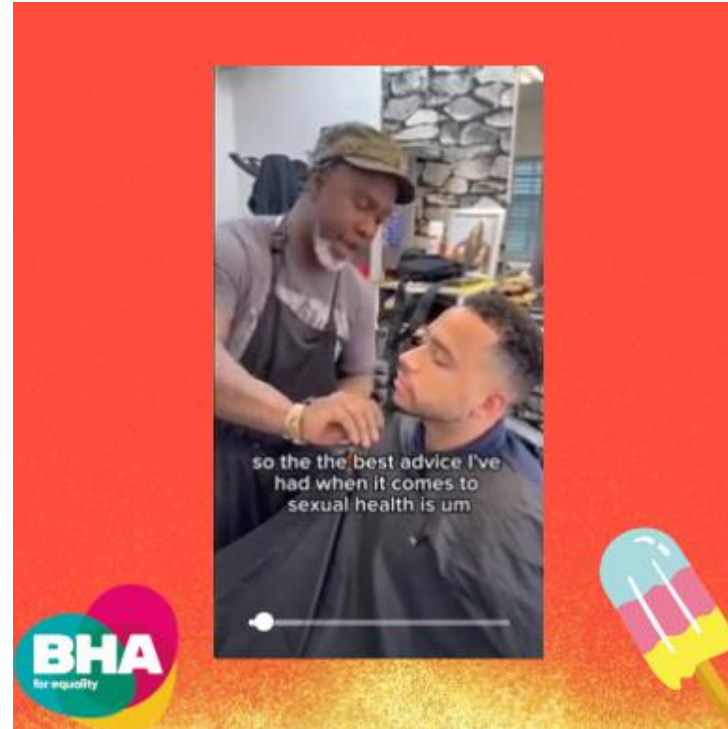


LATOYA IS AN AWARD WINNING WOMEN'S HEALTH REPRODUCTIVE ADVOCATE DEFYING FIBROIDS.

LATOYA FOUNDED WOMBBAE IN 2020 WITH THE INTENTION TO ENCOURAGE WOMEN TO SEEK HELP AND TO SUPPORT THEM ON THEIR JOURNEY TO MOTHERHOOD AND WOMB HEALTH. "FOR YEARS I FELT ALONE IN THIS BATTLE, ONLY TO REALISE THAT THERE WERE OTHER WOMEN GOING THROUGH THE SAME PAIN AND SUFFERING."



Social Media Campaigns



Mind Body And Soul



Thank you

“Make it a regular thing in the businesses”

“Honestly, I see the work you’re doing and am totally in awe of the whole operation I’m not sure there’s anything I could add really but I do feel like these types of messages are oftentimes more well revived through entertainment it makes it more approachable and less taboo more comfortable maybe that being said between the podcast and event you’re creating I guess that’s just one of many routes you’re utilising so spread the message.”

“...I really believe in the work that BHA are doing and the importance of it.”

“This conversation is so needed”

“More of this and creative ways of talking about sex and intimacy”

“It was a great workshop, honestly learnt a lot”

"Fantastic way to bring this information to different groups within the community! I was a little nervous about what we'd talk about given my mum is here, but it was delivered so well. I felt very comfortable + it was great hearing from my mum + older generation."