

Promoting sexual health and wellbeing in older adults: findings from two rapid reviews

THE UNIVERSIT

Public Health

Policy Research Unit



Older People & Frailty Policy Research Unit Public Health Policy Research Unit 6th July 2023

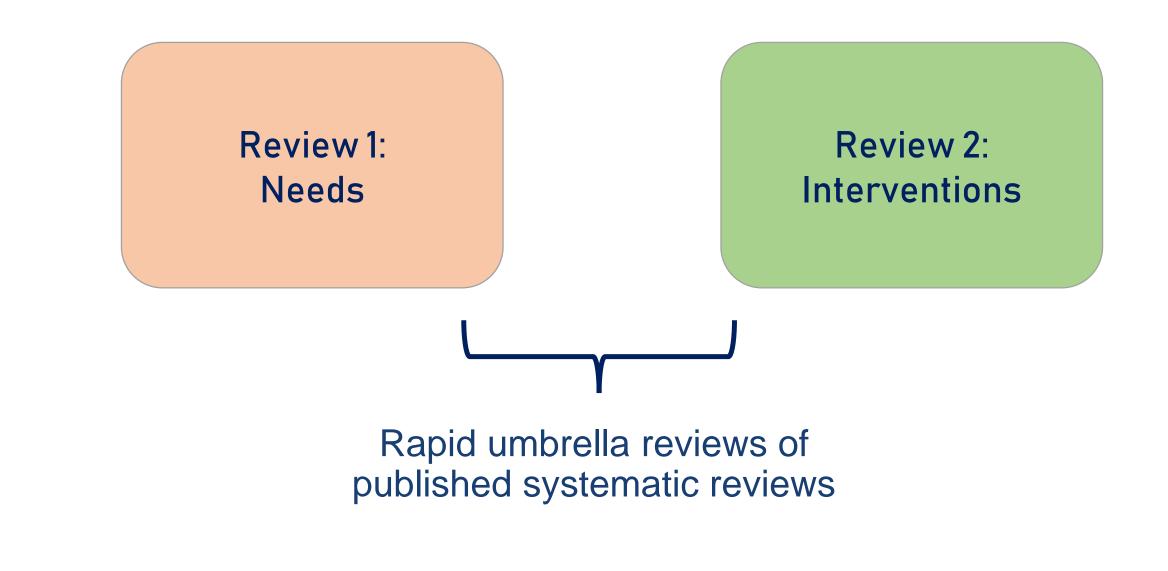
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What does evidence tell us about the sexual health **needs** of older people, and **how** these needs might be addressed?











Review 1: Needs (n=15)





How older people define and view sex













Older patients felt that physicians should initiate and foster an open environment for discussion of sexual health.

Healthcare providers assumed that older patients would raise sexual health concerns if they had any.





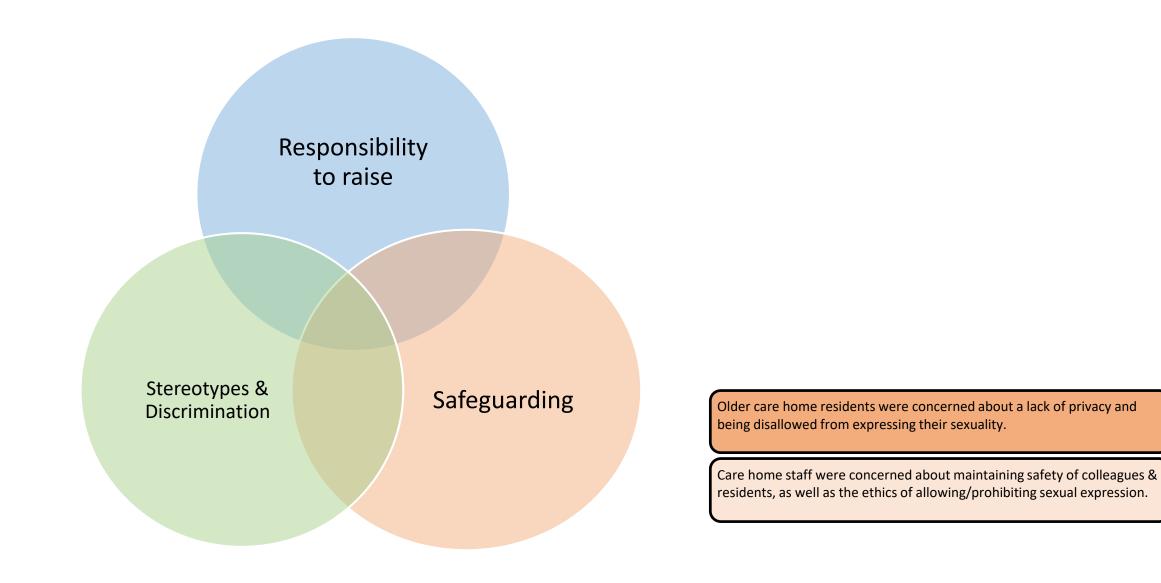


Stereotypes of asexuality among older adults hindered discussion and sexual expression among older people.

Staff demonstrated mixed attitudes and incomplete knowledge about older people's sexuality, which impacted their responses to it.











Review 2: Interventions (n=12)





Outcome	Intervention Type			
	Educational and behavioural interventions	Medicines, including pharmacological and complementary	Exercise-based interventions	Laser-based treatments
Sexual function				
Sexual desire		¥=		
Sexual quality of life				¥=
HIV coping				
HIV knowledge				
HIV prevention measures				
Professionals' attitudes / knowledge				

Conclusions



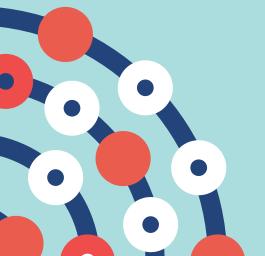






Thank you

Integrated summary: https://tinyurl.com/mrxpvpj5



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