

The PaSH Partnership

Passionate about Sexual Health across Greater Manchester

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1 to 1
Interventions

Group Work
Interventions

Testing

Outreach

Website

Counselling
for PLWHIV

- Sexual health improvement services across Greater Manchester for those most at risk of acquiring HIV and poor health outcomes and support for people living with HIV
- Partnership approach to targets and tailor interventions



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Speaking to MARPs

- MARPs (Most at risk populations) are not homogenous groups
- Identity and socio-economic factors play a key role in barriers to access – prejudice, stigma and shame
- Recognising that not everyone receives information in the same way – language, visual stimulation
- Attitudes towards sex and sexual health vary drastically

Outreach

- Covering all 10 Greater Manchester localities
- Awareness raising of PaSH service provision and support
 - Helpline and email support provides remote access
- Condom and lube distribution
- Talking through HIV Prevention England, PrEPster, iBase and IWantPrEPNow resources in the community
- Highlighting the difference between PrEP and PEP and where they can be accessed
- Building an awareness of their local services and the importance to address any concerns with changes to their bodies with GPs and sexual health nurses

Group Work Interventions

- Returning to the basics of sex and sexual health
- Addressing myths, fears and anxieties – highlighting developments in service provision, medication etc.
- Exploring what makes a health relationship – respect, trust and open communication
- Creative spaces to discuss representation in the media – body image, same-sex relationships, diversity of people in campaign materials
- Forums to address efficacy, access and dosing options - PrEP trials and studies, NHS roll-out, cost of private purchase etc.

1 to 1 Interventions

- Person-centred and service user-led
- Motivational interviewing focused on the importance of and confidence to change
- Communication skills to ask their sexual partner(s)'s status and when they last tested
- Negotiation skills related to condoms, asking questions about viral loads and PrEP dosing of their partners
- Exploring identity, cultural and social factors – masculinity, internalised homophobia, drug and alcohol dependency, social mobility

Testing

- Many people are invested in testing for HIV so it's a great opportunity to highlight PrEP as a preventative tool
- During National HIV Testing Week we delivered outreach testing services in all 10 localities – community centres, places of faith, sex-on-premises venues and bars.
 - Many people had never tested before, or not tested with enough frequency (some hadn't tested in over 10 years)
- Highlighting that testing plays a key role in PrEP monitoring and support

Support for people living with HIV

- Not all people living with HIV can achieve an undetectable viral load
- Takes the onus off the HIV positive person that they need to prevent transmission – partner(ship)
- Confidence and skills managing sexual relationships - Disclosure, relationships, 'safer' sex
- Confidence and skills relating to self care - Smoking, alcohol, exercise, GP, dentist
- Social impact - Immigration, employment, housing, money & budgeting
- Emotional wellbeing - New diagnosis, support of family and friends, domestic violence
- Managing HIV health - Medication, adherence, viral load

PrEP amongst other sexual health tools

- PrEP is a valuable tool in breaking the chain of HIV transmission
- For many people it offers an additional barrier to HIV anxiety
 - Allows the HIV negative person to feel in control
- It's timely and for many people, they can use it interchangeably
- May increase engagement with sexual health services, particularly with monitoring – liver and kidney functioning, bone density and full STI screening



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Any questions?

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Equitable PrEP access



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- PrEP is a powerful tool for some people, and is a powerful addition to the HIV prevention tools we have available. It isn't a replacement to other tools and services, but is a game-changing complement. Those who stand to benefit from it, don't know about it or have no means to access it need to be reached (to achieve our goal to end HIV). How are each of us going to contribute?
- For PrEP to have a sustainable health impact, relevant attitudes, knowledge, social norms and beliefs need to be shaped at individual, community and policy level. People must understand the benefits of PrEP and consider these outweigh any possible negatives.



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Ensuring equitable access and increase uptake among key populations.

1. How do we identify those who need it but don't know about it?
2. What should be our key promotional messages around PrEP?
3. How do we create demand among priority populations?
4. What places and in what format should this information about PrEP be communicated?
5. What have we identified in our respective roles that we can do as a result of this seminar?
6. What support may be needed from the seminar organisers, Public health services, clinics etc to support and promote PrEP?



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Please write one action point that you take away with you today on your pledge card.



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