

PrEP and other HIV and STI prevention tools

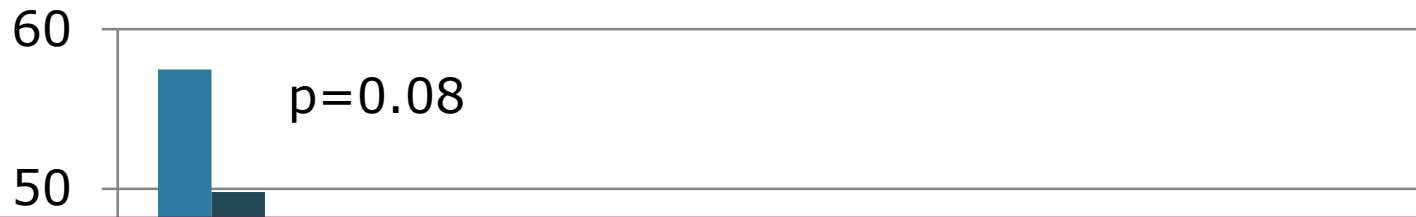
Dr Michael Brady

HIV and STI prevention

- PrEP is a highly effective HIV prevention tool
- ‘Concerns’ exist around the impact on other STIs
- PrEP should be seen as part of a combination approach to HIV *and* STI prevention
- PrEP is an *opportunity* for us to engage with those who are already at high risk for poor sexual health

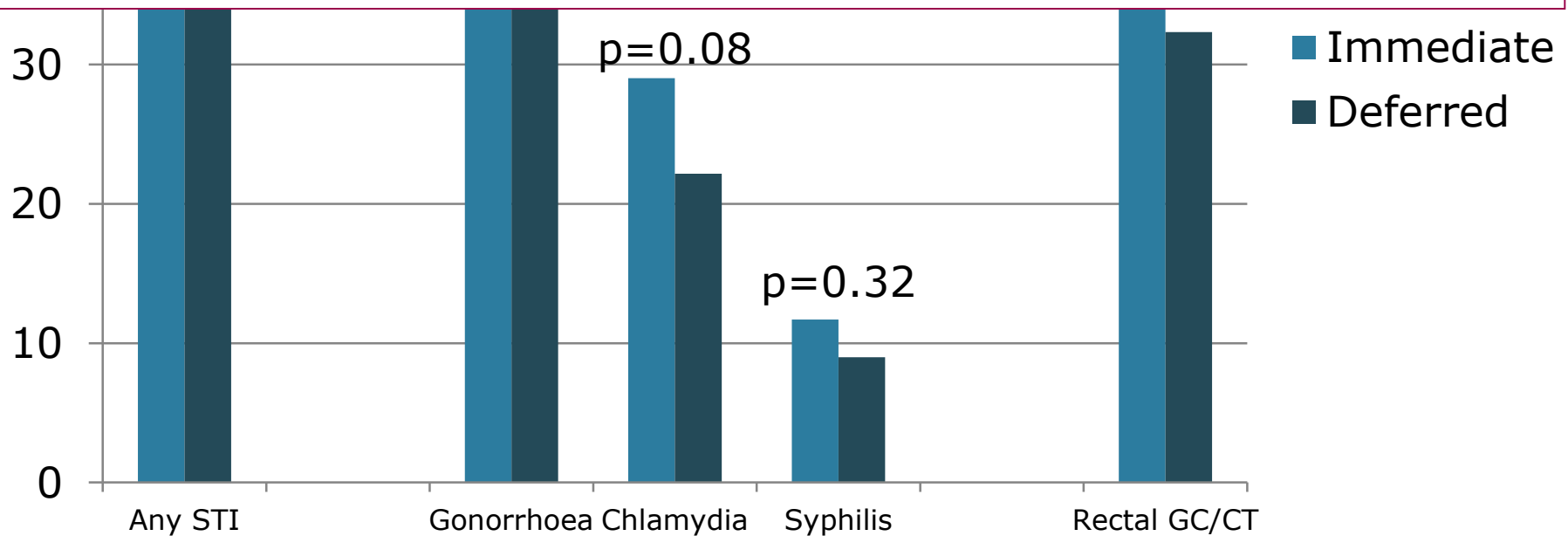
What do the studies tell us about
STI risk?

STIs



Caveat

Number of screens differed between the groups:
e.g. Rectal gonorrhoea/chlamydia
974 in the IMM group and 749 in the DEF

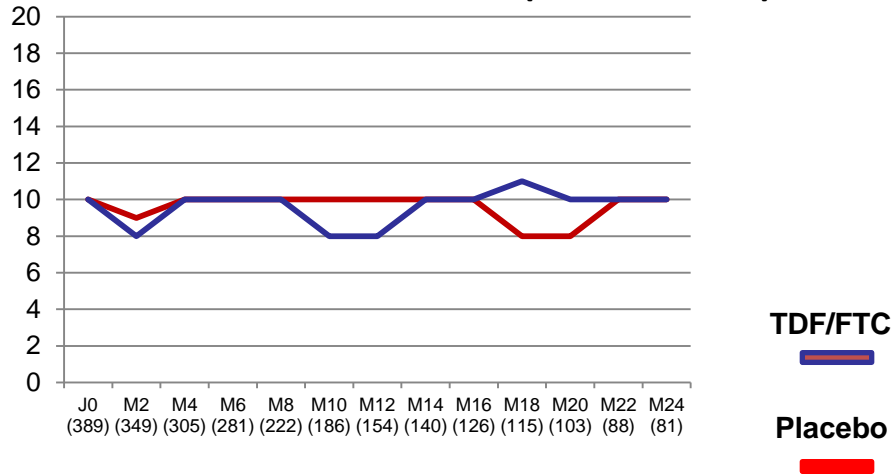


Risk compensation

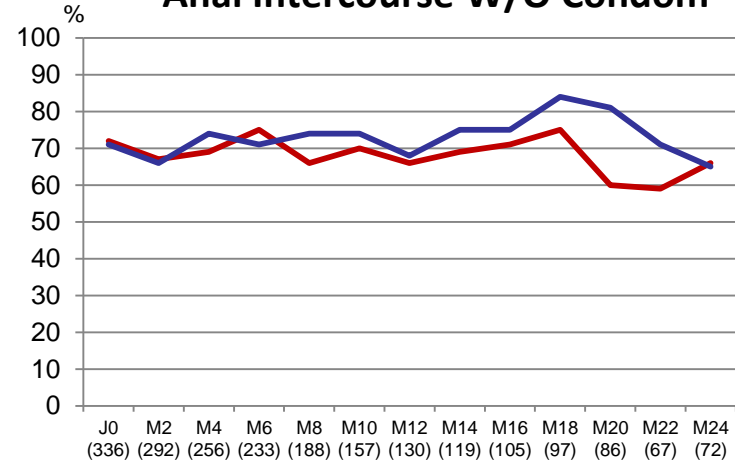
- In the iPrEx study, there was no evidence of risk compensation.
- In the iPrEx-OLE study, both groups reported decreases in reported condomless receptive anal intercourse
- In the PROUD study, there was no difference in the total number of sexual partners at 1 year or in the frequency of bacterial STIs
- However, a greater proportion of the immediate group reported condomless receptive anal sex with 10+ partners at 1 year compared to the deferred group (21% vs 12%, $p=0.03$).

Sexual Behavior

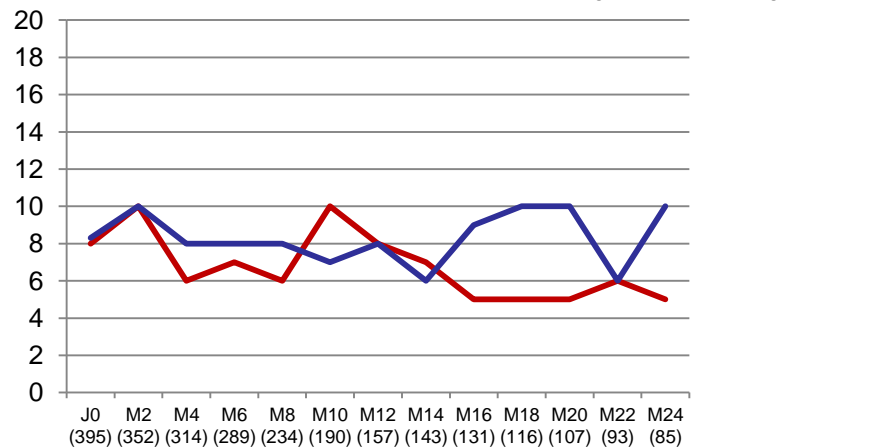
Median Nb of Sexual Acts (last 4 weeks)



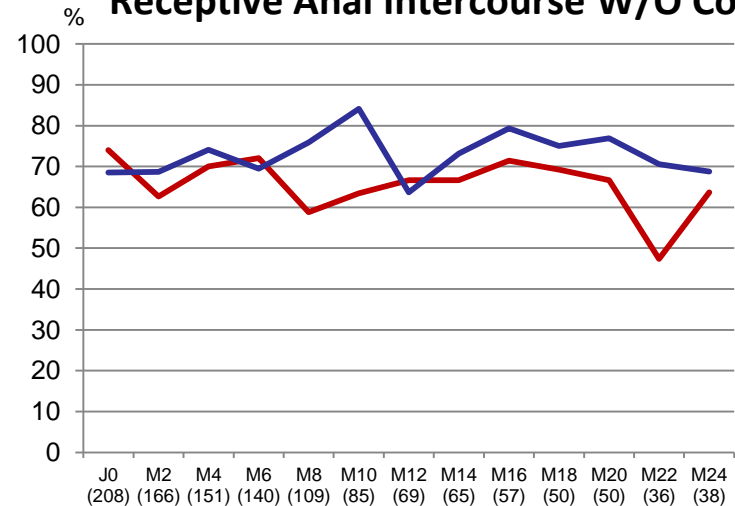
Anal Intercourse W/O Condom



Median Nb of Sexual Partners (2 months)



Receptive Anal Intercourse W/O Condom



Sexually Transmitted Infections

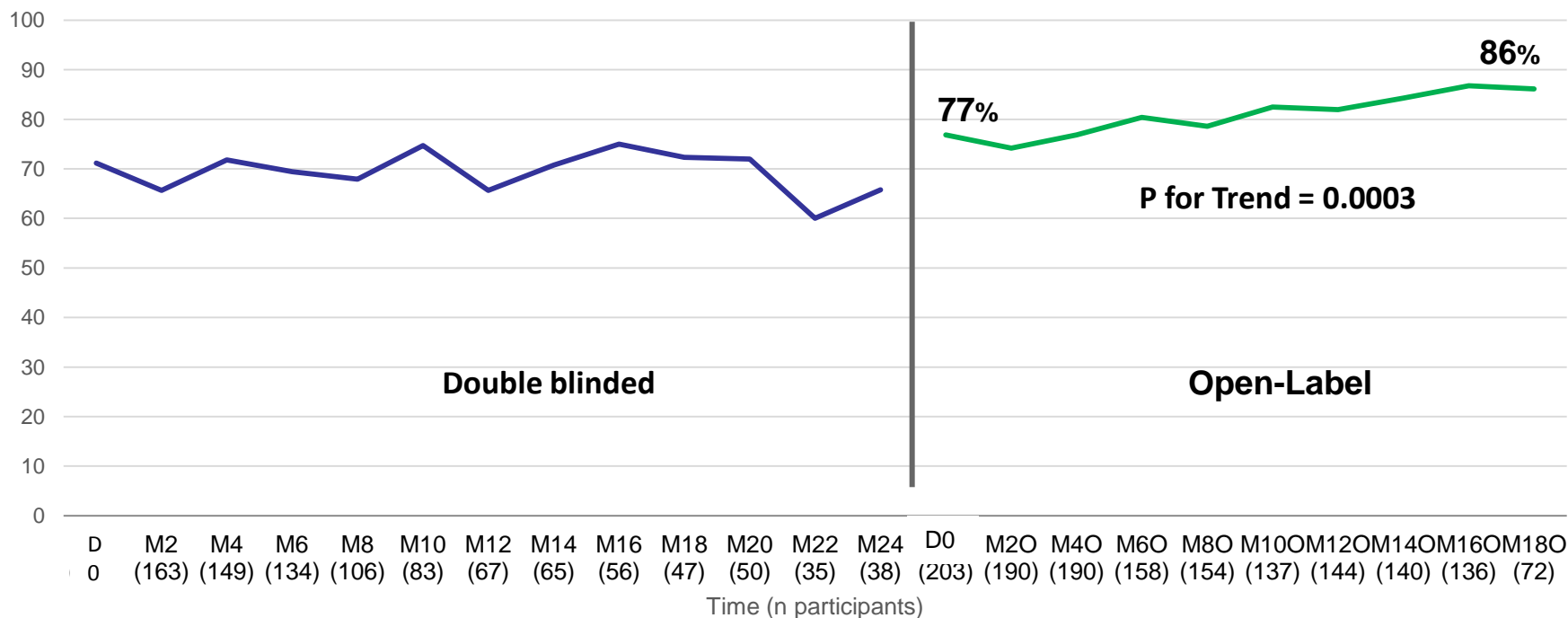
- 276 STIs were diagnosed in 141 participants

	TDF/FTC n=199		Placebo n=201		P value
	Nb Pt (%)	Nb Events	Nb Pt (%)	Nb Events	
Chlamydia	43 (22)	61	34 (17)	48	0.23
Gonorrhoea	38 (19)	50	45 (22)	67	0.42
Syphilis	19 (10)	19	19 (10)	25	0.98
HCV	3 (<2)	3	3 (<2)	3	1.00
Any STI	76 (38)	133	65 (32)	143	0.22

IPEGAY open-label extension:

Efficacy 97% after median 18.4 months

Proportion Pts with Condomless Sex for Last Receptive Anal Intercourse



- No significant change in median Nb of partners or sexual acts during the open-label phase (P= 0.42 and P= 0.12)



IPIRGAY: open-label extension

	Double-Blind Median FU: 9.3 months n=400		Open-Label Median FU: 18.4 months n=362	
	Nb Pt (%)	Nb Cases	Nb Pt (%)	Nb Cases
Chlamydia	81 (20)	114	122 (34)	158
Gonorrhoea	88 (22)	123	117 (32)	175
Syphilis	39 (10)	45	68 (19)	77
HCV	5 (1)	5	5 (1)	5
All STIs	147 (37)	287	210 (58)	415

Incidence rate of first STI: 35.2 vs 40.6/100 PY in the double-blinded and OLE phases

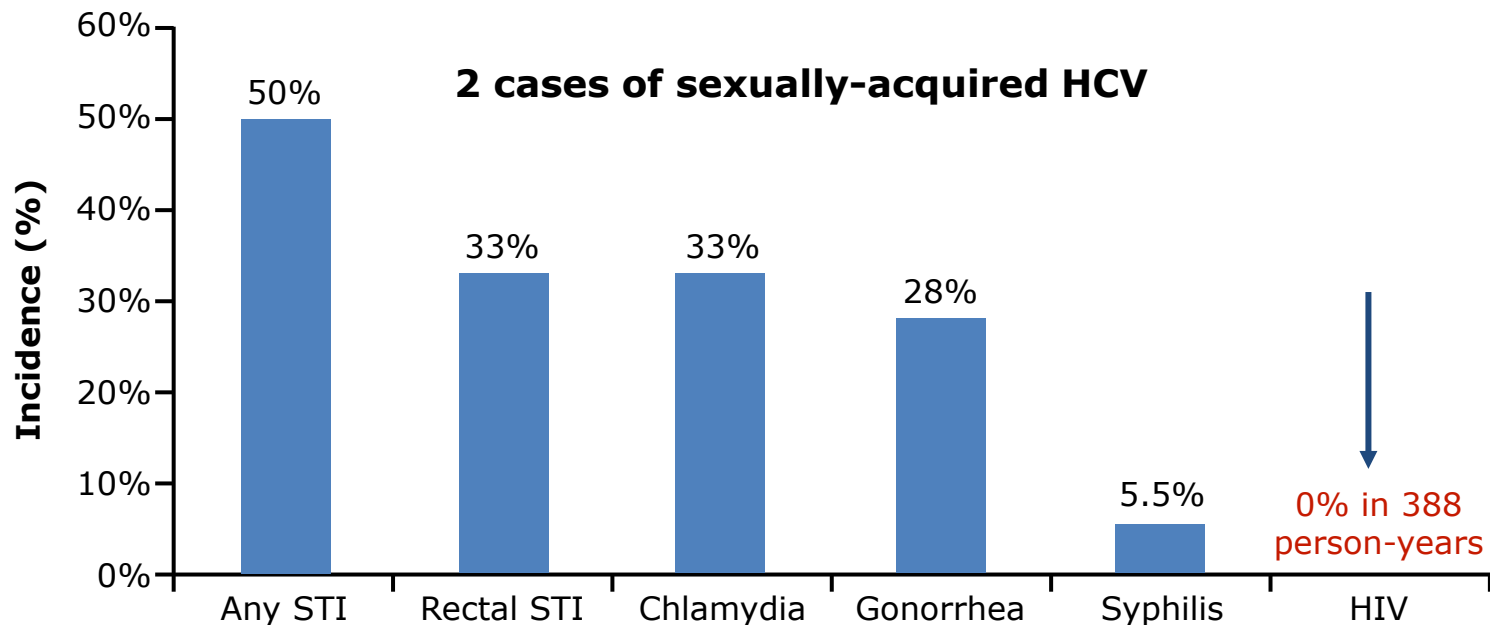


Kaiser Permanente cohort

Incidence of STIs among PrEP users

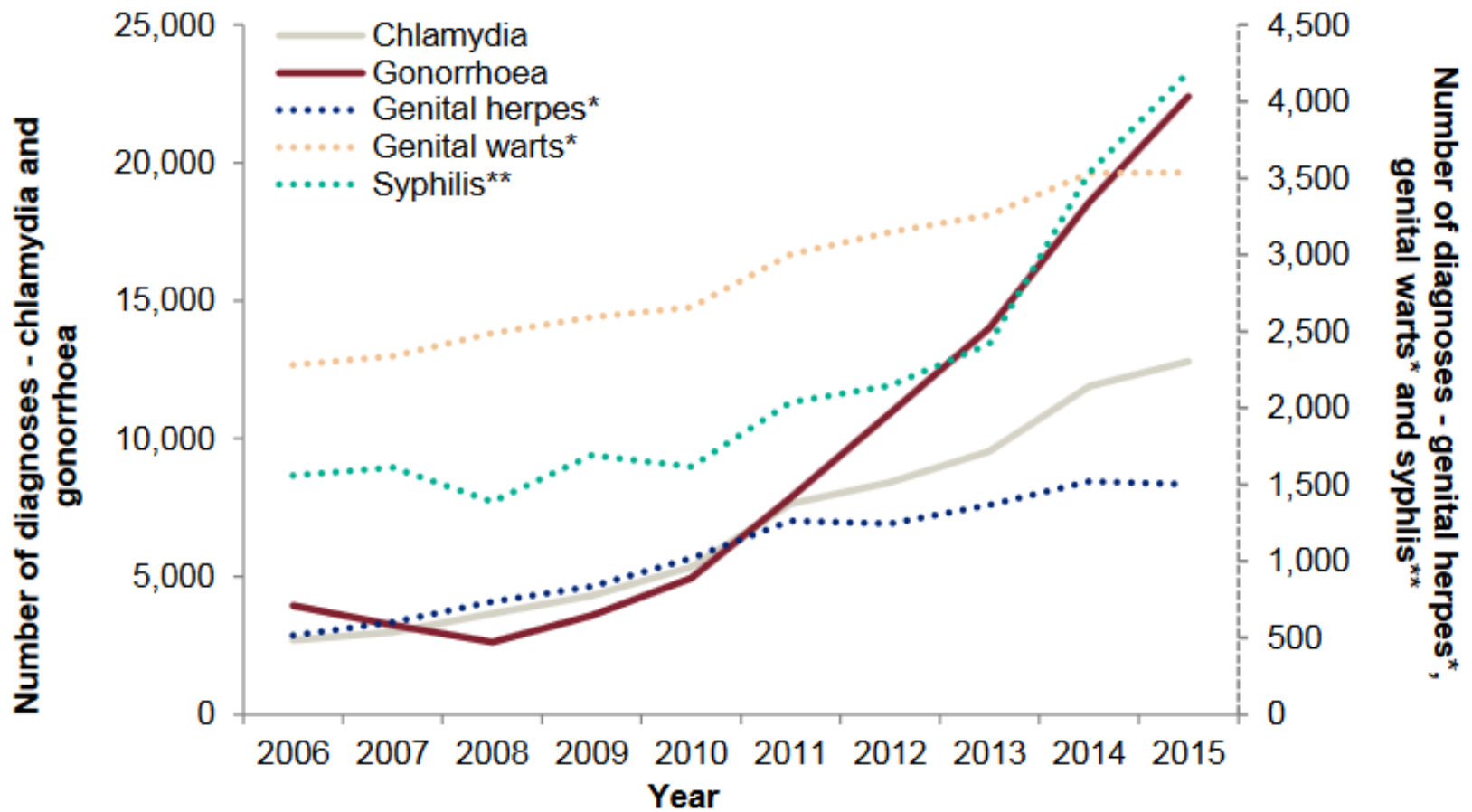
A study of 657 PrEP users (mostly MSM) from 2012–2015 within the Kaiser Permanente integrated healthcare system, San Francisco

STI incidence after 12 months of PrEP use



Of those taking part in the study, 187 were diagnosed with at least 1 STI during follow-up, and 78 individuals were diagnosed with multiple STIs

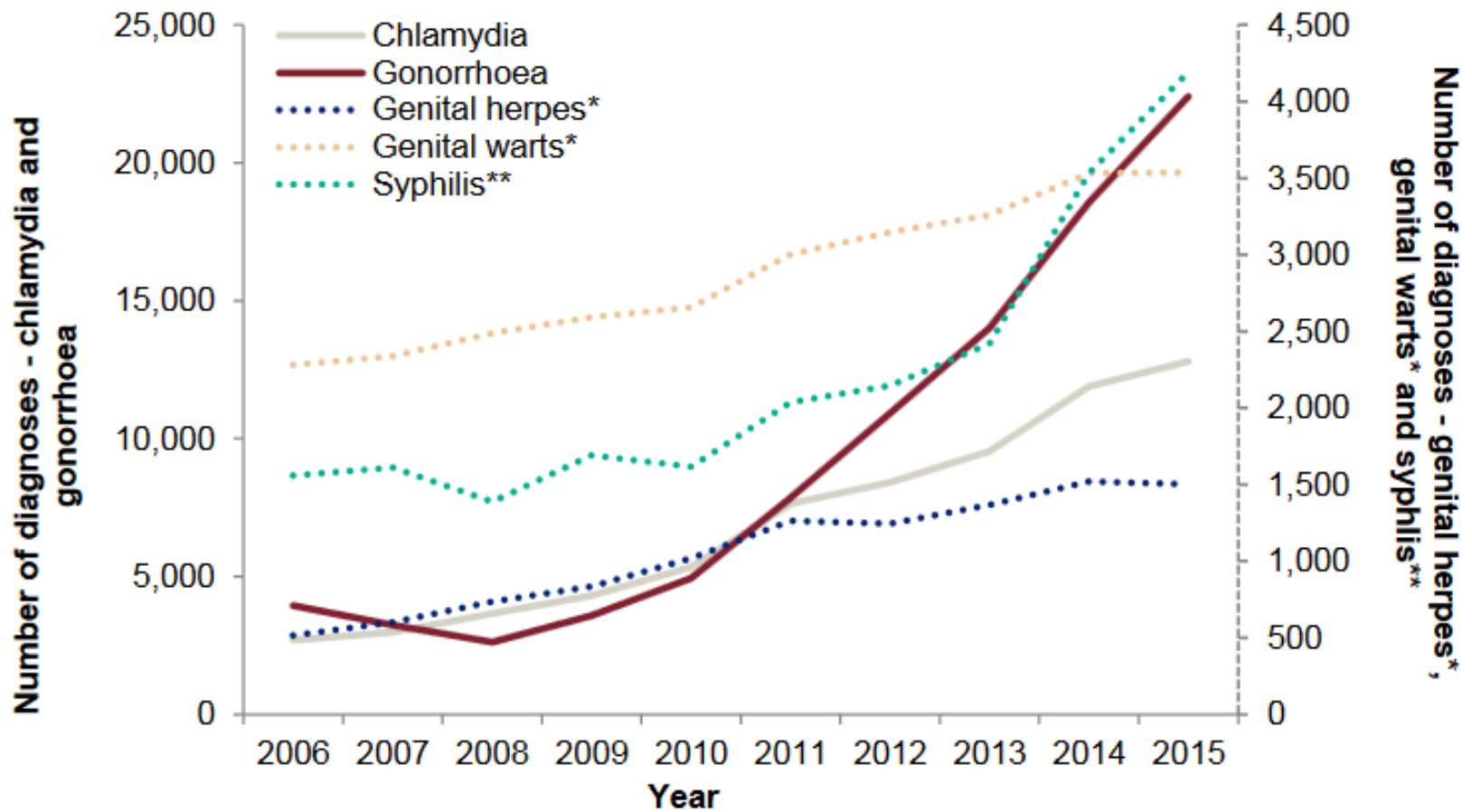
STI rates in MSM: Increased STI testing?



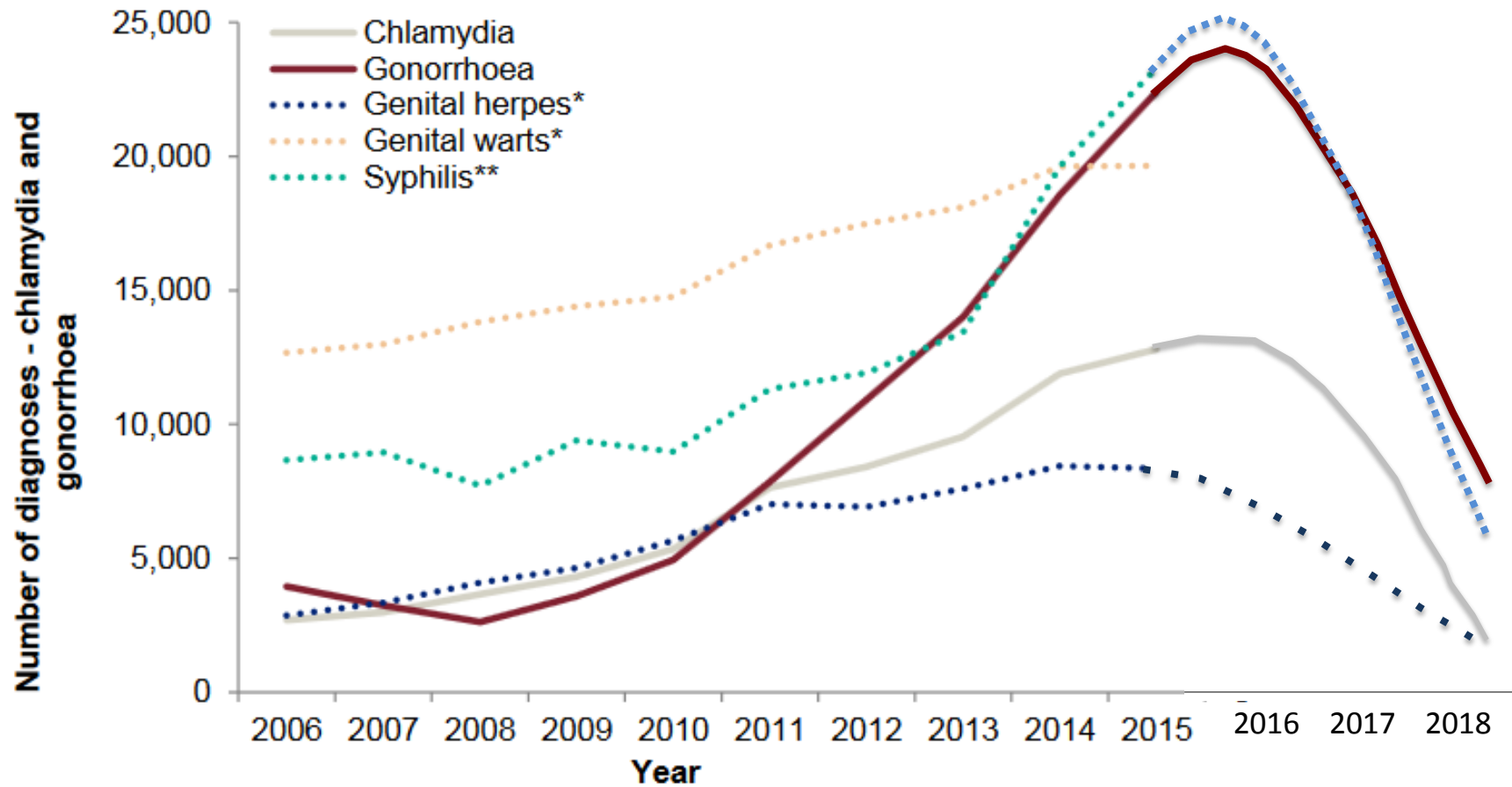
The potential of PrEP for wider STI prevention

- PrEP (by definition) is an intervention for those who ***already*** have higher rates of STIs
- PrEP is an ***opportunity*** for better STI testing
 - PrEP engages those at high STI risk in testing and prevention services
 - STIs may be diagnosed and treated sooner
 - Shorter periods of transmissibility
 - Better partner notification
 - Risk reduction advice and intervention
 - Condoms
 - Behaviour change intervention
 - Chemsex support

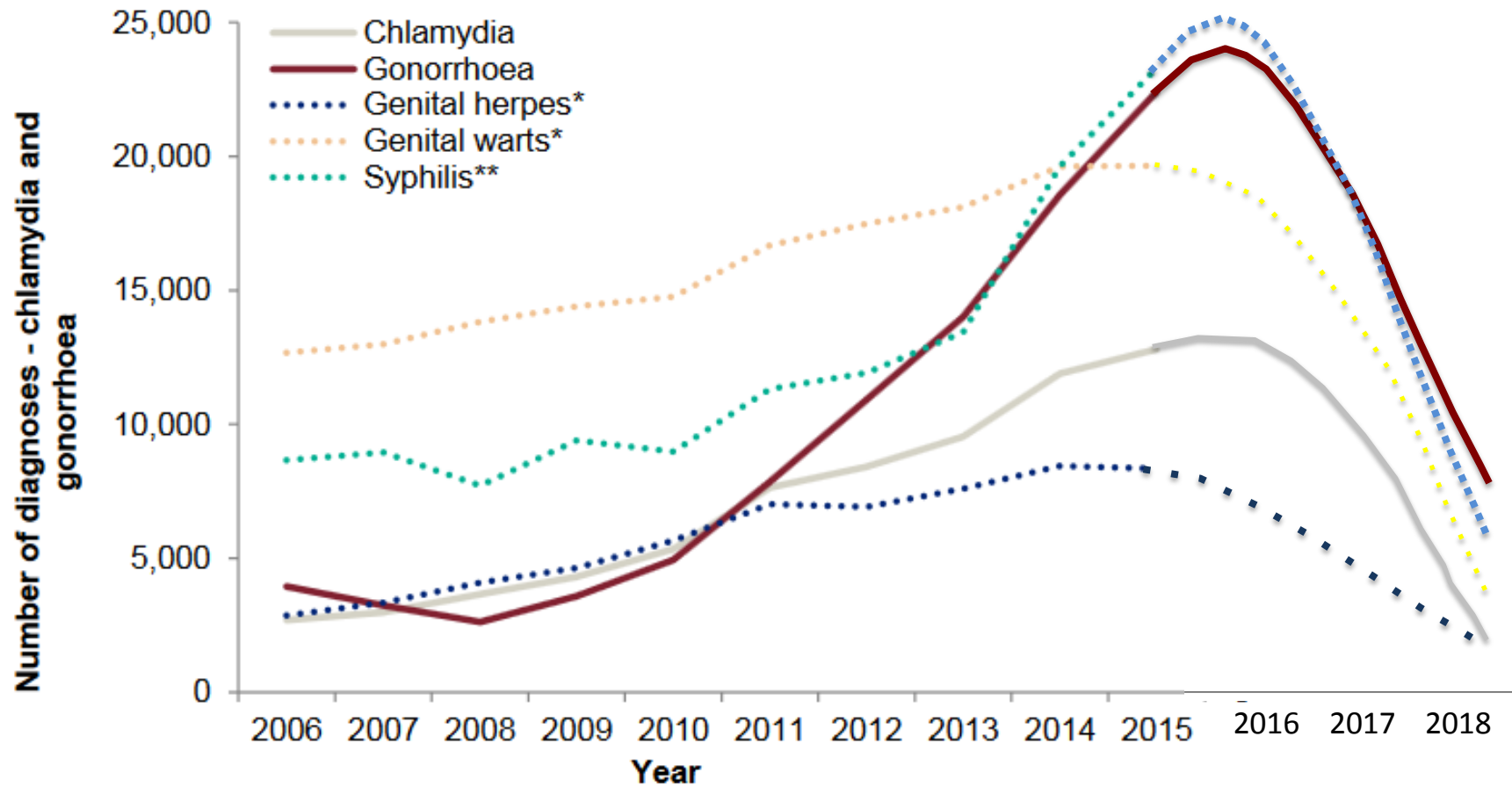
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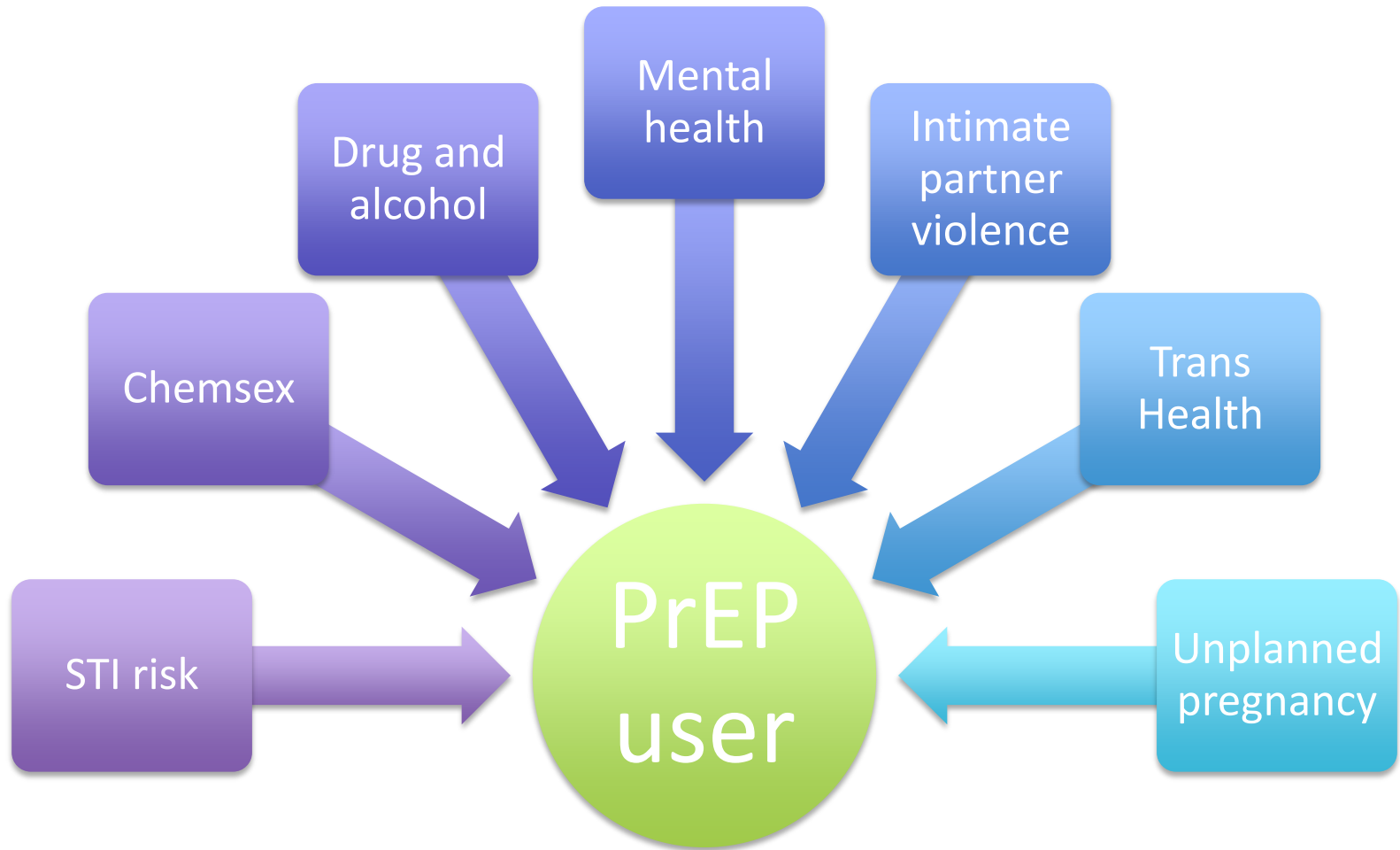
Potential impact of increased STI testing?



Potential impact of a equitable access to HPV vaccination?



Integrated support services with PrEP



What about HIV prevention?



INDEPENDENT

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HIV 'may soon be wiped out in London after dramatic drop in new infections'

'We can finally beat this thing,' says lead clinician at capital's largest sexual health clinic

Katie Forster | @katieforster | Wednesday 11 January 2017 16:51 GMT | 1 comment



sky NEWS

Drop in London HIV rates 'may be due to internet drug PrEP'

Four London sexual health clinics have seen dramatic falls in new HIV infections among gay men of around 40% last year.

07:30, UK
Sunday 05 March 2017

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News > Health

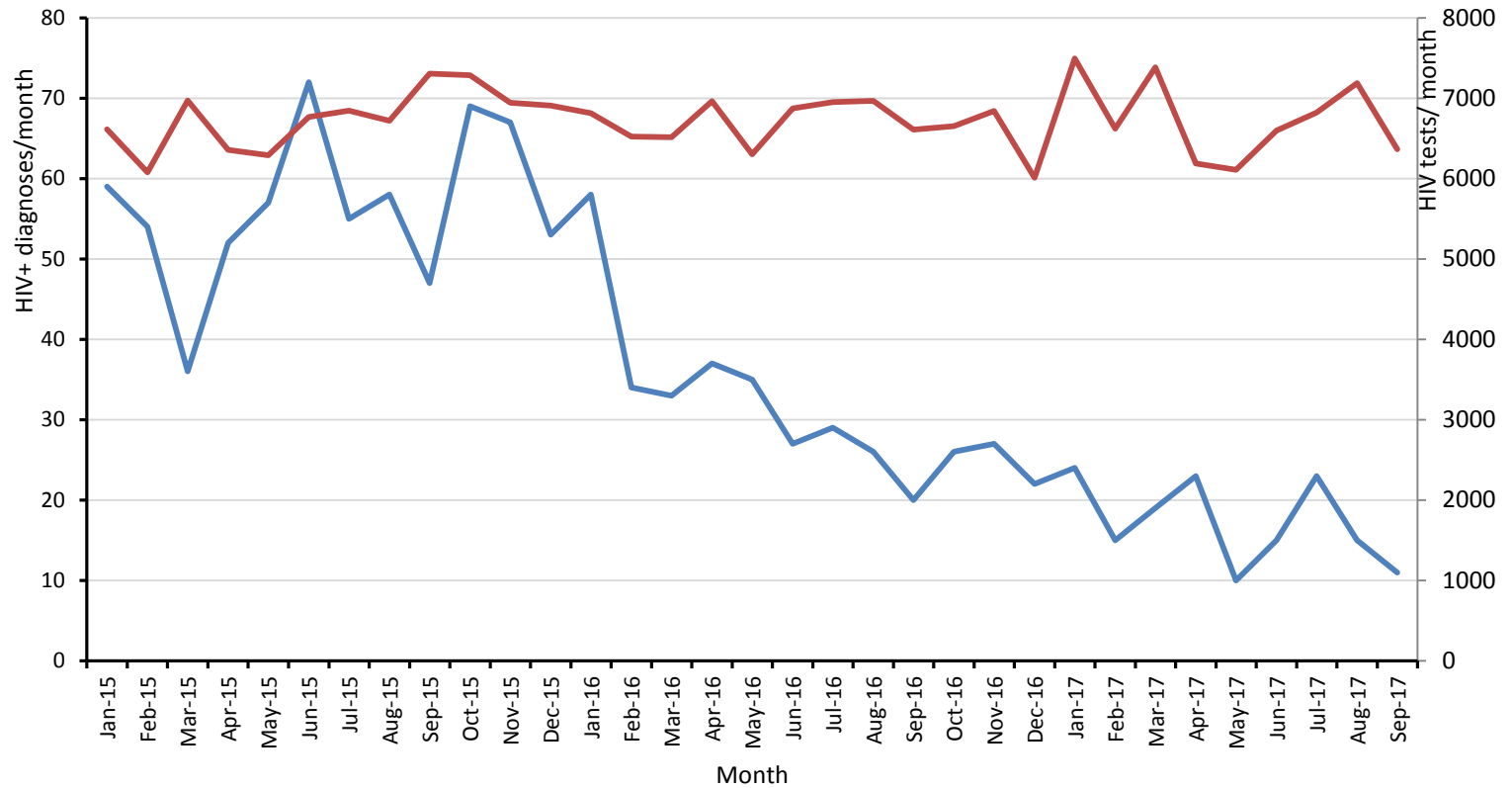
London doctors on verge of defeating HIV thanks to new programme

ROSS LYDALL | Wednesday 11 January 2017 11:04 GMT



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The Evening Standard

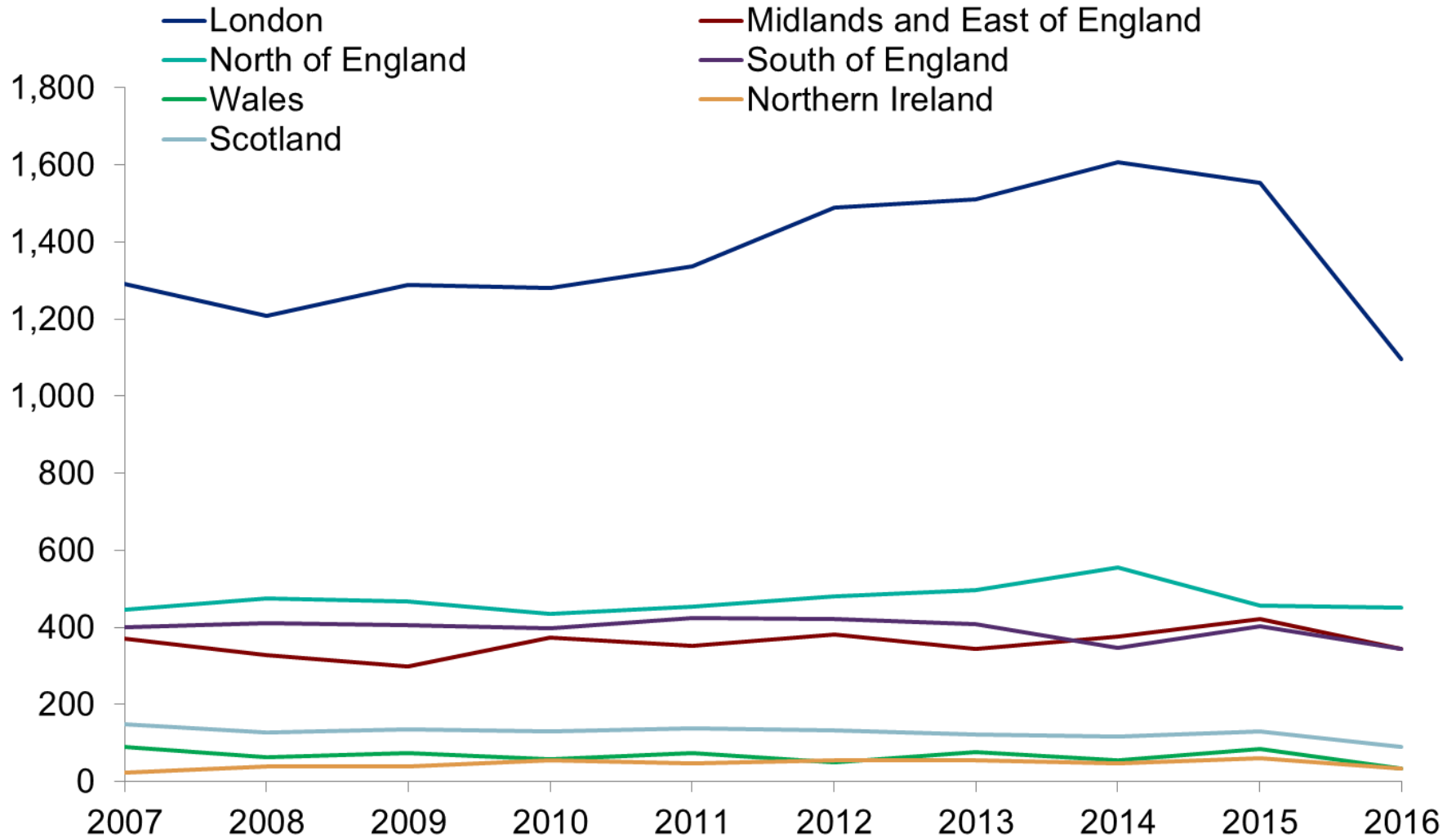
New HIV diagnoses at 56 Dean Street: 2015-2017



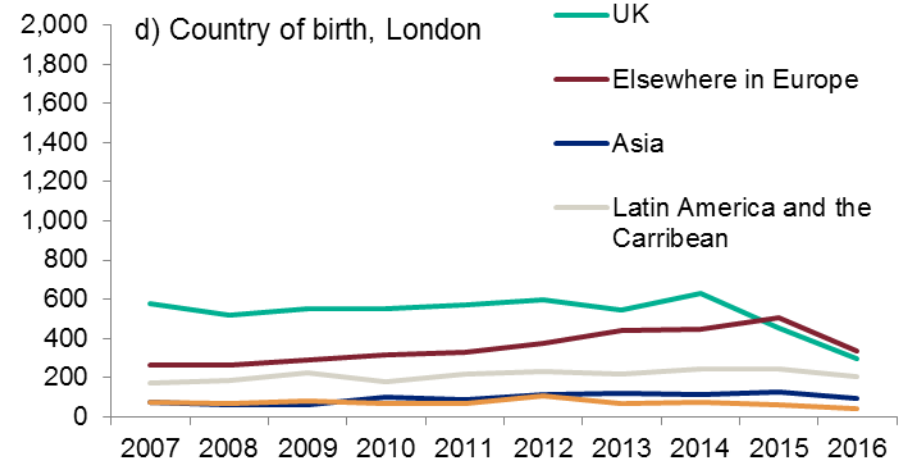
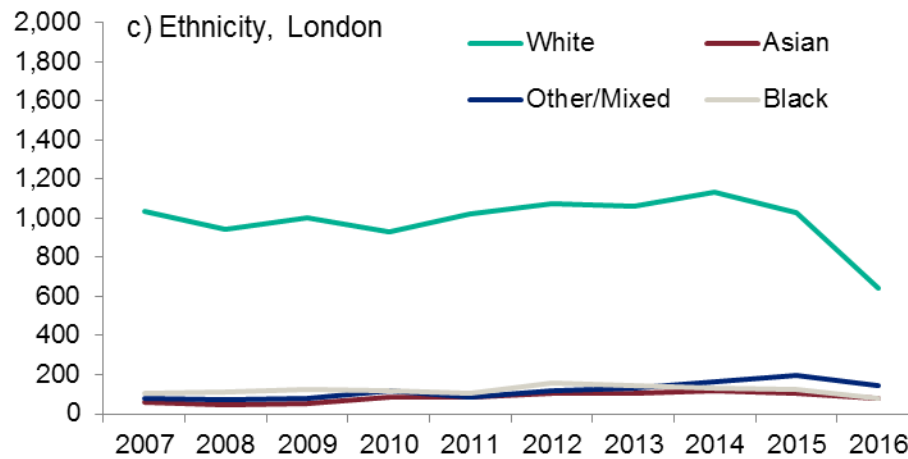
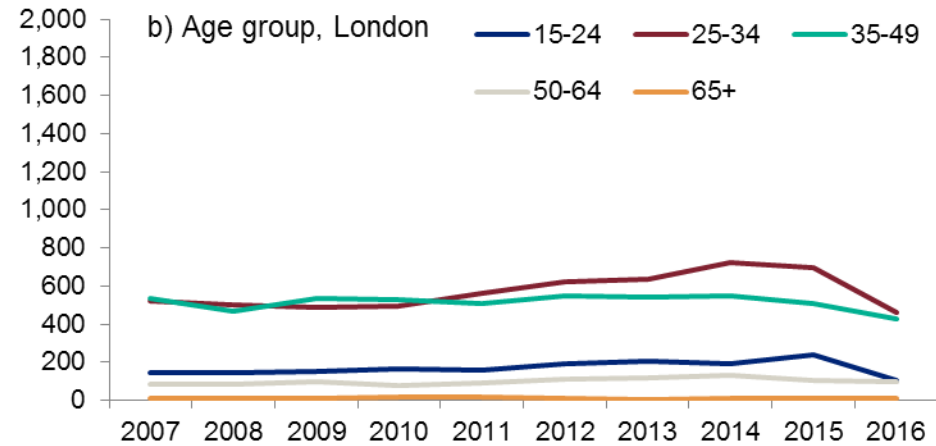
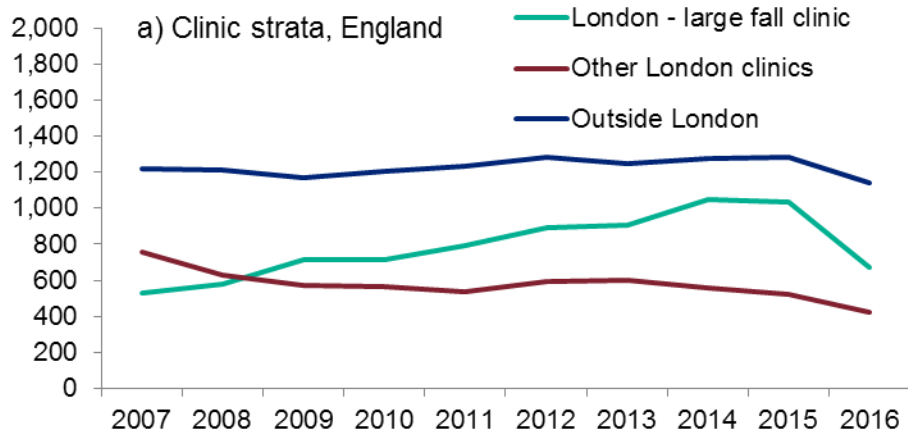
What is driving the reduction in HIV diagnoses?

- HIV testing?
- PrEP?
- Treatment as Prevention?

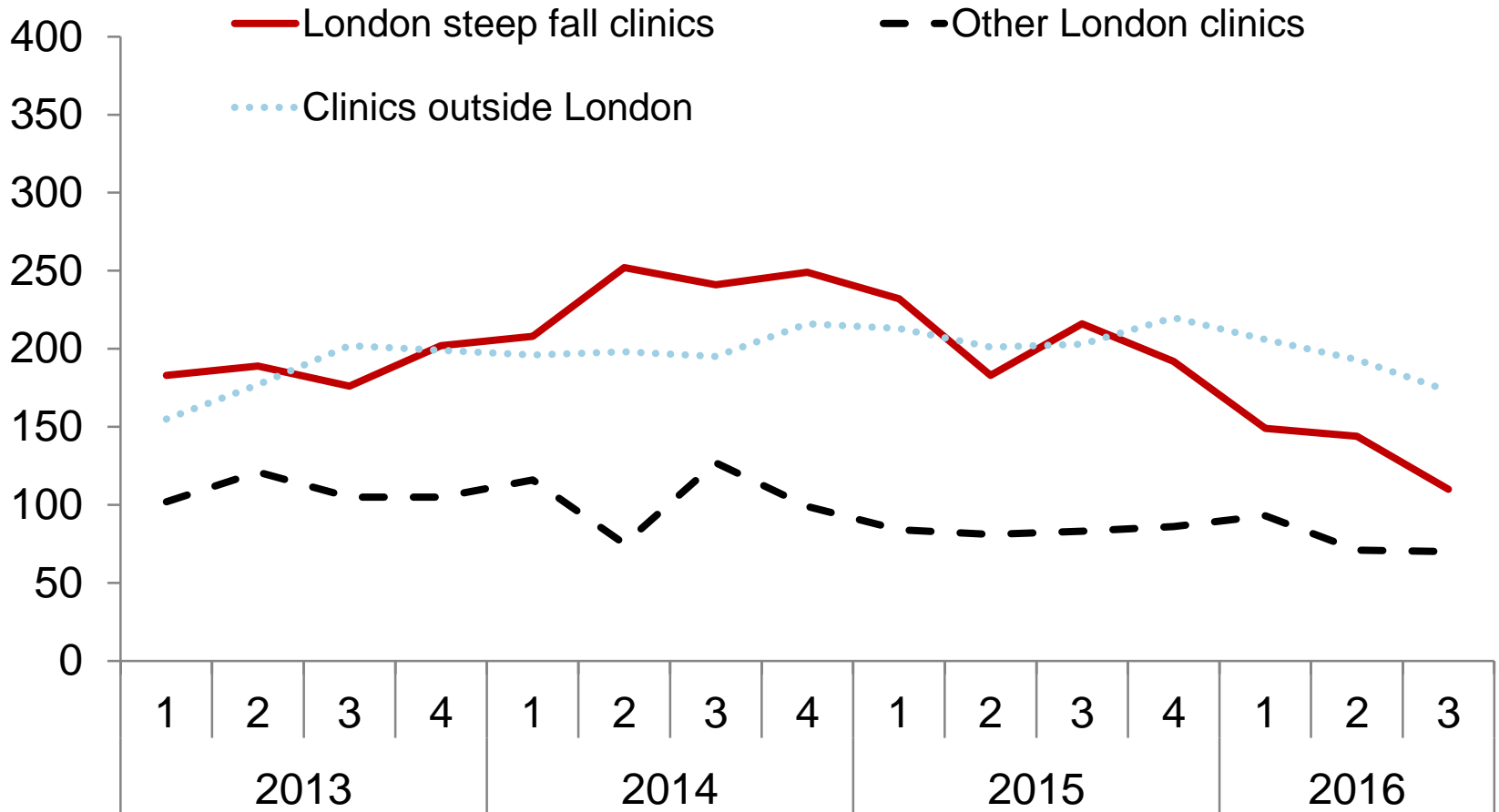
Geographical trends of new HIV diagnosis among gay and bisexual men: United Kingdom, 2007 to 2016



HIV diagnoses among gay and bisexual men, by population characteristics: England and London, 2007 to 2016

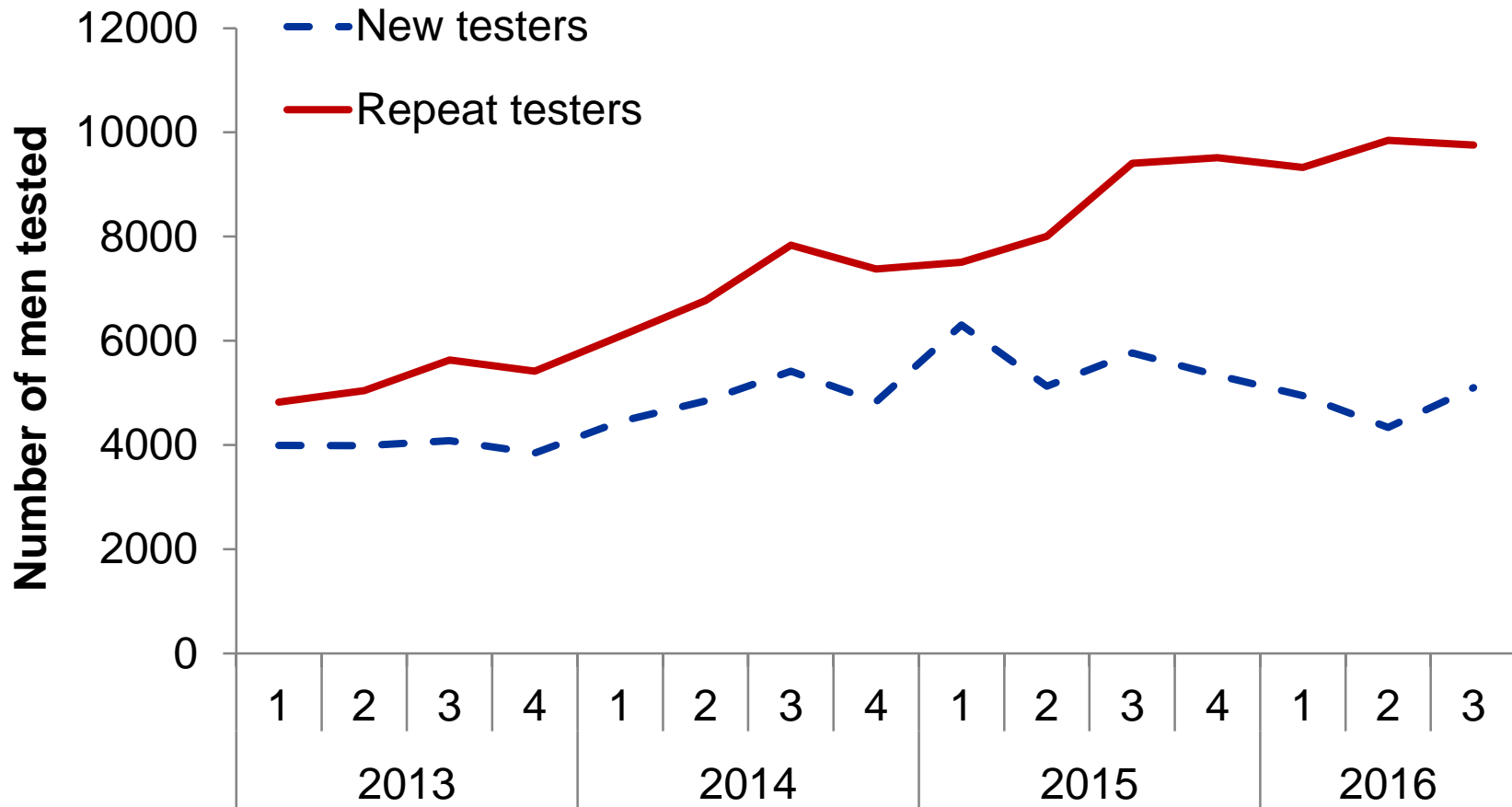


New HIV diagnoses among gay men attending sexual health clinics England



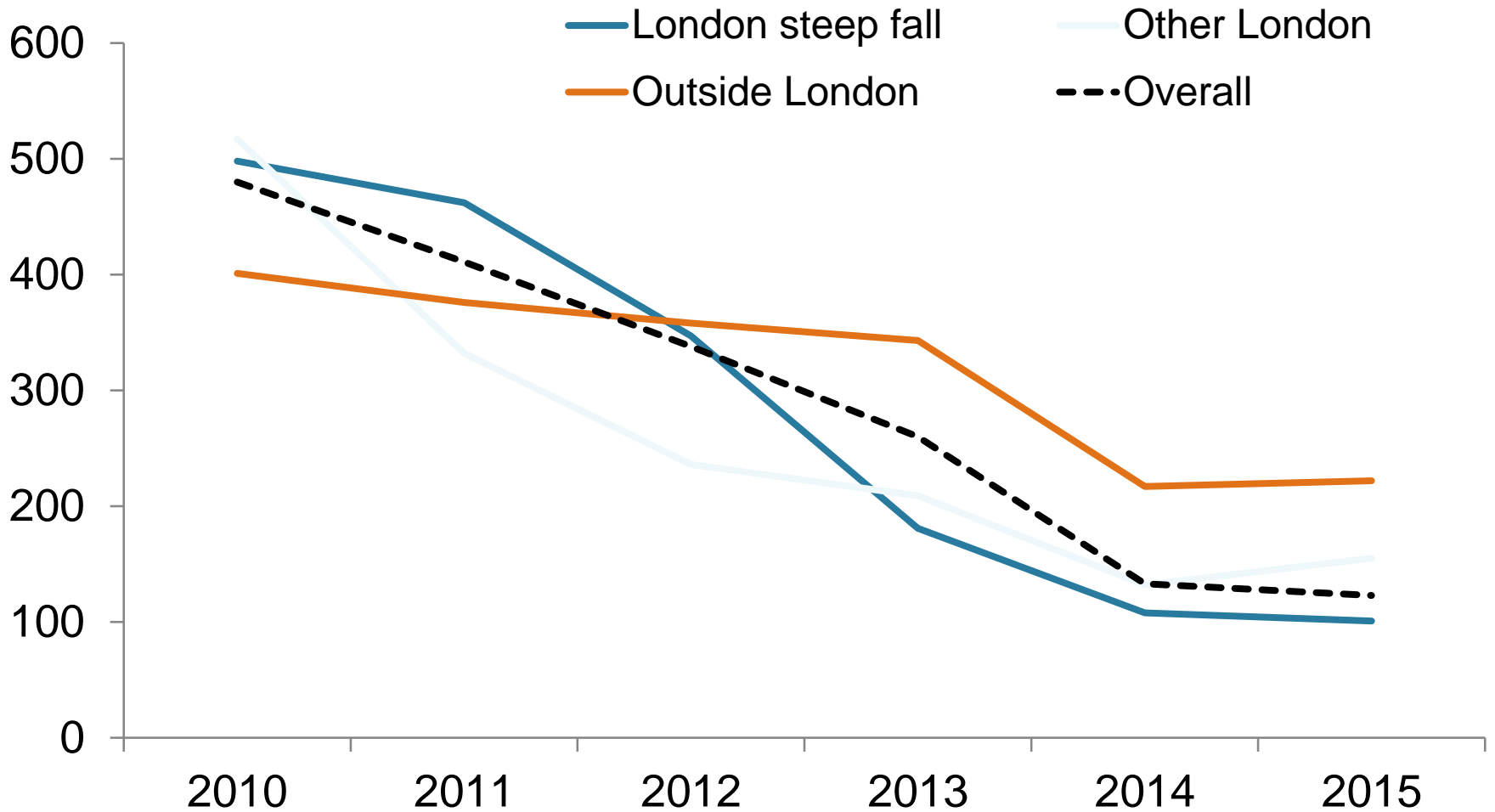
Steep fall definition: Clinics with >20% decrease in HIV diagnoses between Oct 2014-Sep 2015 and Oct 2015-Sep2016, and over 40 diagnoses during this period.

HIV tests among gay men attending London Steep Fall clinics by frequency of HIV testing



Steep Fall: Clinics with >20% decrease in HIV diagnoses between Oct 2014-Sep 2015 and Oct 2015-Sep2016, and over 40 diagnoses during this period.

Median days from HIV diagnosis to ART initiation among gay men in England



Current HIV trends in England

Summary

- PrEP is a fundamental component to HIV prevention
- PrEP is contributing to the drop in HIV infections and diagnoses in MSM
- We now need to ensure that ***all*** at risk benefit from the same effect
- PrEP gives us the opportunity to provide better and more impactful sexual health services