

# Coaching HIV self testing within high risk communities in London

Yasmin Dunkley, Positive East  
Dee Wang, Spectra

**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**



# Community Self Testing: Who?

- The GMI Partnership (Positive East, METRO Charity and Spectra), Freedoms, outreach element of Do It London:
  - 76,000 high risk MSM across London each year, as well as in-depth interviews with at least 4,000 MSM each year.



**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**



# Community Self Testing: Why?

- Can new testing technologies support and be incorporated within existing models of community based HIV prevention?



**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**

**LONDON**  
TEST-PROTECT-**PREVENT** HIV

 **freedoms**  
www.freedoms-shop.com Shop

  
partners in prevention

  
EMBRACE DIFFERENCE



  
Peer services, improved lives

# Community Self Testing: How?

- 6 month period (Q3 & 4 2016/17)
- Online survey **6984 respondents** (knowledge and acceptability)
- Face to face coaching intervention **449 respondents**



**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**



# Community Self Testing: Online

6984 respondents

23%

Understand  
difference  
between HIVST  
and sampling

30%

Prefer to be  
tested by a  
professional

34%

Prefer to be  
coached by  
someone first

**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**

**LONDON**  
TEST-PROTECT-PREVENT HIV

 **freedoms**  
www.freedoms-shop.com Shop

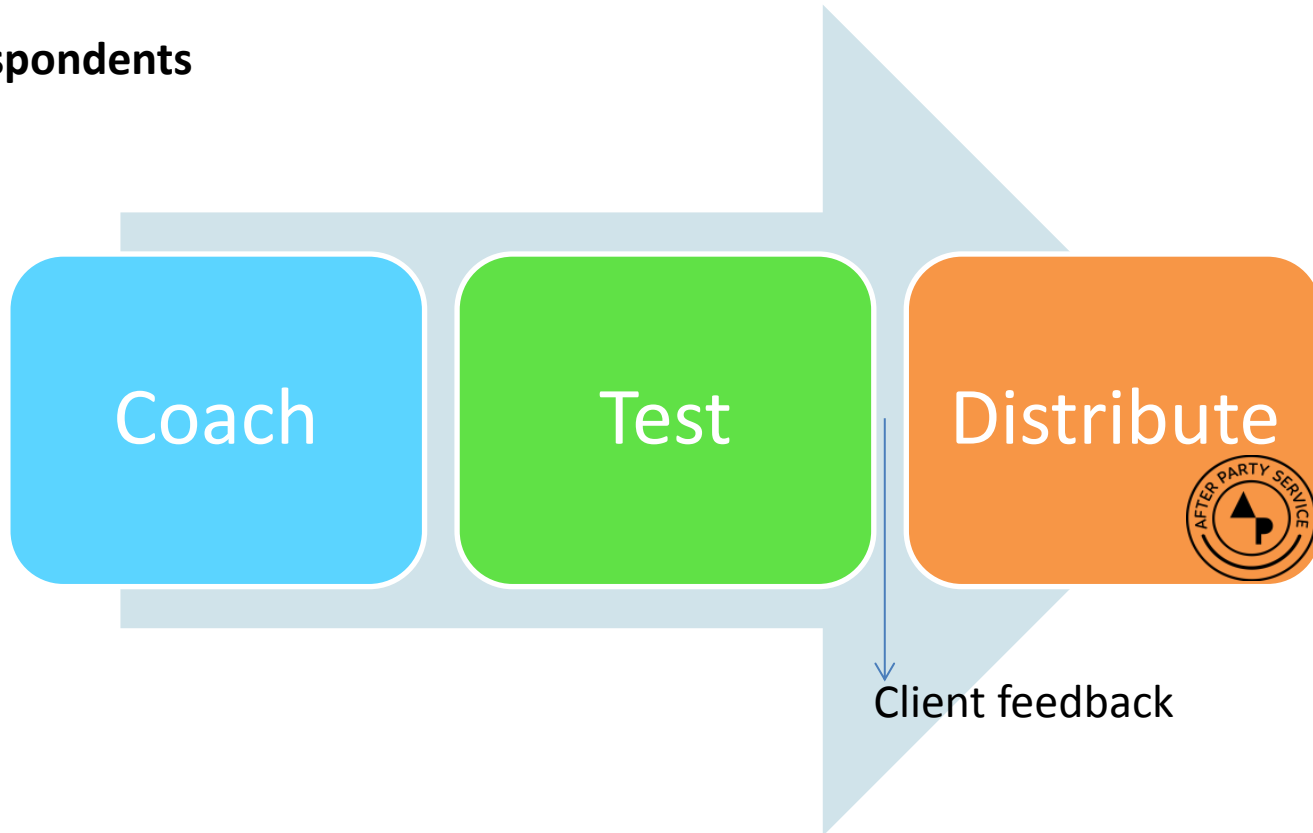
  
gmi partnership  
partners in prevention

  
METRO  
Embrace Difference  
 PositiveEast

  
Spectra  
Peer services, improved lives

# Community Self Testing: Face to face

449 respondents



**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**

**LONDON**  
TEST-PROTECT-**PREVENT** HIV

 **freedoms**  
www.freedoms-shop.com Shop

  
partners in prevention

  
Embrace Difference

 **PositiveEast**

  
Peer services, improved lives

# Community Self Testing: Face to face

449 respondents

97%

AGREE  
better  
understanding of  
HIVST

75%

FEEL MORE  
CONFIDENT  
with GMI support

73%

FEEL MORE  
CONFIDENT  
testing themselves  
next time

71%

AGREE  
testing more often if  
self-testing available

**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**

**LONDON**  
TEST-PROTECT PREVENT HIV

**freedoms**  
www.freedoms-shop.com Shop

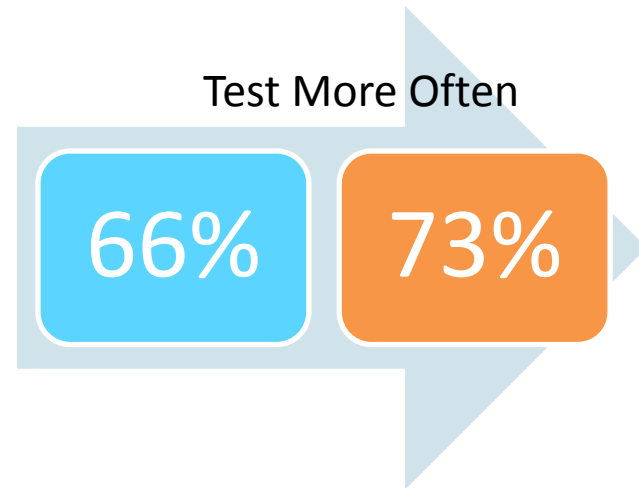
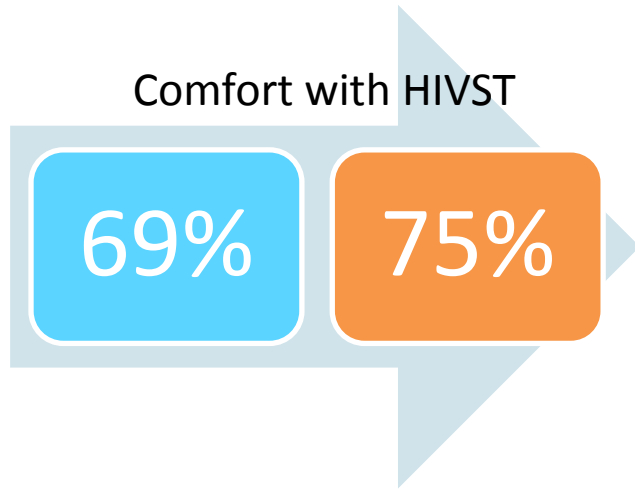
**gmi partnership**  
partners in prevention

**METRO**  
Embrace Difference  
**PositiveEast**

**Spectra**  
Peer services, improved lives

# Community Self Testing: Face to face

Q3 to Q4 changes





# Community Self Testing: Scalability

- HIVST and African communities: is there demand for HIVST?
- **461 respondents overall , 259 BAME, 154 African**



# Community Self Testing: Scalability

African H Male

Likelihood  
to self-test  
if free

72.16%

3.93

Likelihood  
to self-test  
if paid for

34.38%

2.64

African H Female

Likelihood  
to self-test  
if free

63.16%

3.57

Likelihood  
to self-test  
if paid for

31.58%

2.40

# Community Self Testing: Further Research

- Why the difference?
- Does likelihood to HIVST mean preference of HIVST? Would HIVST increase testing frequency.
- What would the distribution model look like?
  - Within CBO as with GMI Partnership



**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**

**LONDON**  
TEST-PROTECT-**PREVENT** HIV

 **freedoms**  
www.freedoms-shop.com Shop

  
partners in prevention

**METRO**  
Embrace Difference

 **PositiveEast**

  
Peer services, improved lives

# Community Self Testing: Final Reflections

- HIVST is a novel technology that can support and be incorporated within existing HIV prevention methods, rather than undermine them.
- Community based organisations play a vital role in informing those who are underserved and at risk of HIV about new technologies and methodologies (often first intervention).
- There will always be individuals who prefer to be tested by a professional in different settings.
- There is not yet a real understanding of how HIVST could be commissioned and distributed within African communities, however the GMI Partnership approach may be a good model.

**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**



# Thank you

- [yasmin.dunkley@positiveeast.org.uk](mailto:yasmin.dunkley@positiveeast.org.uk)
- [dee@spectra-london.org.uk](mailto:dee@spectra-london.org.uk)

**HIV  
PREVENTION  
ENGLAND  
CONFERENCE 2017**

