Champion of Change: A peer led model

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Champions of Change

A unique peer led project which addresses the worryingly high rate of HIV among African communities in the Midlands by addressing HIV-related stigma.

Aim

To change the perception of HIV through community engagement with African communities

To recruit community champions to facilitate sustainable change in attitudes and behaviour related to HIV and stigma

How

Through building trust and relationships within local community settings (e.g Shops, Hairdressers, Churches etc)

Recruitment and Training champions who become peer leaders from communities

Outcomes

- Recruited and trained 29 change champions of which 8 were trained to level 3 OCN qualifications.
- Partnerships were created with organisations and community groups that serve the African community.
- Empowered communities with knowledge and understanding about HIV
- Enabled community members to be confident in speaking about HIV and sexual health openly

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Benefits of peer led intervention

- Ownership of the project by the community (sustainability)
- Community actively in every aspect of the project
- Build trust and capacity
- Increased information and uptake of services

Faith Leaders initiative Sherine Edwards-Dodd

Outcomes: Churches United to Fight Stigma

- ❖ Monthly drop-in clinic
- Workshops
- Stronger partnership with faith leaders
- Ownership and active involvement of faith leaders in planning sessions
- Developed a basic guide on addressing HIV from the pulpit
- Strategic partnerships (faith covenant, WPN)



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Key Message

- Potential for faith leaders to be key players in HIV prevention
- We are not experts (we need your input)
- Faith leaders need a sense of control as to what information is disseminated within their ministry



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