

Engaging Trans communities in HIV Testing, PrEP and Data

cliniQ
sexual health clinic
for trans people


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**HIV
PREVENTION
ENGLAND
CONFERENCE 2017**

HIV and Trans people


Key populations: all face **stigma, discrimination and punitive legal environments**

MEN WHO HAVE SEX WITH MEN
HIV treatment for ALL




“My body, my mind, my rights”

PEOPLE WHO INJECT DRUGS
HIV treatment for ALL




“My body, my mind, my rights”

SEX WORKERS
HIV treatment for ALL



“My body, my mind, my rights”

TRANSGENDER PEOPLE
HIV treatment for ALL



“My body, my mind, my rights”

HIV and Trans people

Meta-analysis of studies in both the USA & Asia-Pacific regions have generated a **49% higher** likelihood of HIV infection in trans women

Baral, S. D., Poteat, T., Stromdahl, S., Wirtz, A. L., Guadamuz, T.E., Beyrer, C., (2013) Worldwide burden of HIV in transgender women: a systematic review and meta-analysis. *Lancet Infect Dis* 2013; 13: 214-222.

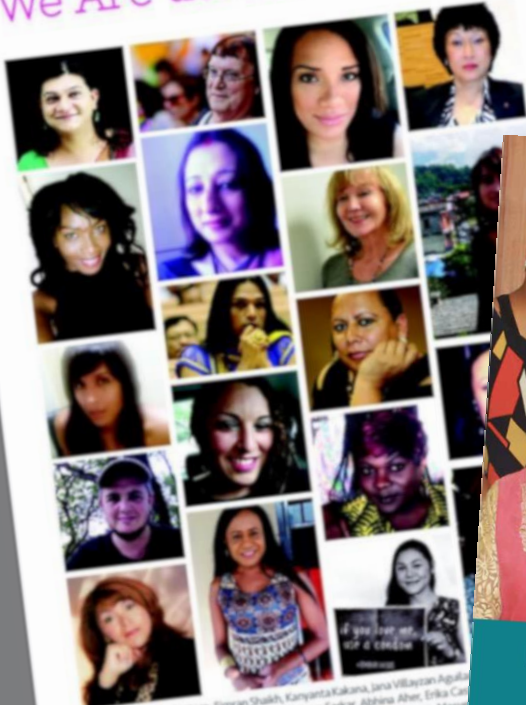
A Community Put At Risk

Silence = Exclusion = Erasure

- Trans women at high risk of having HIV especially trans women of colour who experience disproportionately high rates of HIV.
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- Lack of inclusion in HIV Testing Campaigns
- Lack of information on HIV care and treatments relevant to trans people in UK
- There is a gap in research on HIV and trans men; few studies have gathered HIV prevalence data for this population.

No More Lip Service

We Are the IRGT



First column: Top to bottom: Simeon Shakh, Kampana Kakana, Jana Villacian-Agallin, Rodriguez. Second column: Maria Sandoz, Anitava Sarkar, Abhina Aher, Erika Car. Third column: Mahvi Baheti, Michelle Rios, Leigh Ann van der Horst, Marie Pramigna Attyaja. Fourth column: Khartini Samah, Manisha Dhakal, Cecilia C.



Implementing Comprehensive
HIV and STI Programmes
with Transgender People

PRACTICAL GUIDANCE FOR COLLABORATIVE INTERVENTIONS



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**Engaging Trans communities in HIV
Testing, PrEP and Data**

- **Trans People - Not Hard to Reach**

- The How to...
- Inclusion in HIV prevention
- With us for us
- Pronouns Matter
- Trans HIV Testing Day



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Culturally competent HIV Testing
Anti-stigma Reducing barriers

cliniQ
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NATIONAL TRANSGENDER
HIV TESTING DAY
because...

#TransHIV

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Because..Trans Health Matters and PrEP

- **44** trans people & their partners tested for HIV in late 2016
 - **54%** UPAI in last 6 months

I haven't heard of PEP: **74%**

I haven't heard of PrEP: **79%**

I wouldn't take PrEP if it were available to me: 79%

(Cited concerns about reliability, interactions with hormones)

PrEP for Trans Folks



HIV Testing & PrEP... Inclusive History Taking

Pronouns (How does the patient describe themselves)

Partners (What gender are your partners? (Any sex with cis men?)

Parts (Surgical history, use patient language)

Practices (Trans women as insertive partners/trans men as receptive partners etc.

Chems? Hormone use?)

Past history of STIs

Protection strategies (Informed by the above. Who has what parts? What protection is needed?)

Pregnancy prevention (Asked to non-trans women; trans men? Cytology/smear testing?)

Without Data We are Invisible.

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We Become Visible

- **cliniQ uses a 2-part method of data collection on our 'Hello' forms, which helps with history taking**

Please tell us how you see your gender

- Male (including trans male)
- Female (including trans female)
- GenderQueer/Non-binary
- Prefer not to say

Is this the same gender you given at birth

- Yes
- No
- Prefer not to say