

PrEP in France

An activist point of view



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HIV Prevention England Conference 2017 - London

**HIV
PREVENTION
ENGLAND
CONFERENCE 2017**



Before 2016 : Mobilization for PrEP

To prove the effectiveness of PrEP

- 2012-2016: Participation in the ANRS-Ipergay clinical trial as co-investigator
 - By recruiting participants
 - And supporting them during the trial
- Solid scientific results, validation of the "demand driven" dosage regimen
- Monitoring model for PrEP in France
 - At the medical level
 - For peer-based support



Before 2016 : Mobilization for PrEP

Fighting for access to PrEP (authorization and covering by public health insurance) :

- “Flash PrEP” : a quantitative survey about knowledge and desirability of PrEP (3024 respondents)
- "Classic" Advocacy (Ministry, Parliament, stakeholders...)
- Activist mobilization : “Free PrEP Now !”
- Decision of the Board of AIDES to prescribe PrEP illegally
- “PrEPage” : a qualitative survey about informal use of PrEP called “PrEP sauvage”



Before 2016 : Mobilization for PrEP

PrEP'Dial :

- **Facebook group for PrEP users and their “friends”** : + 6000 members in May 2017
 - Sharing information, orientation
 - Research
 - Space for debate
 - Self-support
- **Virtual support in addition to medical monitoring** : diversity of members, no limitations in the duration of interviews, high reactivity (24h / 24, 7/7)
- **Limits** : some people play the doctor, no confidentiality, mainly MSM > the Charter



Victory !

- **November 2015** : the Minister of Health announces the authorization of PrEP and its covering by public health insurance
- **December 2015** : writing of the temporary recommendation for use (RTU)
- **January 2016** : PrEP can be prescribed by hospital physicians
- **June 2016** : PrEP accessible at CEGIDDs (public screening centers)
- **Summer 2016** : the European Medicines Agency gave its approval for Truvada as PrEP



2016 : Implementation of PrEP

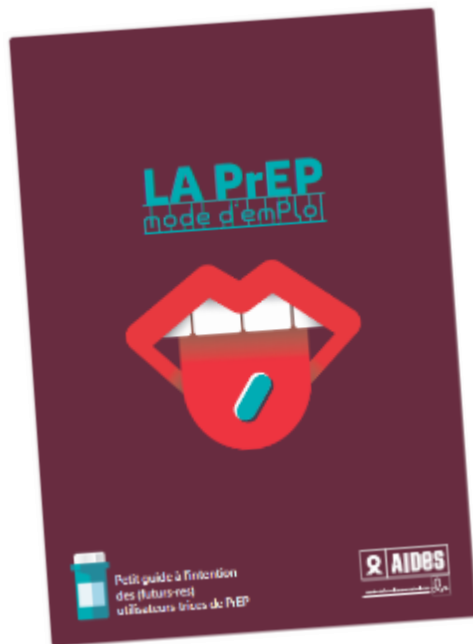
Promoting access to PrEP

- Information/promotion of PrEP :
 - Participation to a public prevention campaign about combined prevention
 - Creation of promoting documents
 - Newspaper articles
 - Etc.
- Set up of a map of PrEP consultation places
- Organisation of a **conférence** for Gay/MSM leaders : « **RéLOVution** »
- **Flash ! PrEP in Europe** survey (15 000 respondents) :
www.aides.org/FlashPrEPinEurope



RELOVUTION





2016 : implementation of PrEP

Inform and guide the public towards PrEP

Important role of AIDES activists:

- In 2016 PrEP came up in 14,122 individual interviews, representing 28% of all interviews conducted. Percentage twice as high among MSM : 56% in 2016 compared with 20% in 2015
- Orientation of 2,170 HIV-negative and HIV-vulnerable people to PrEP consultation
- 1,288 collective actions addressed the PrEP theme in 2016 against 617 in 2015. Among these collective actions :
 - Information sessions on the Prep open to anyone interested ;
 - Groups of exchanges or self-support between users of Prep.
- Promotion of these actions on social networks (Facebook) and on gay apps (Grindr, Hornet)





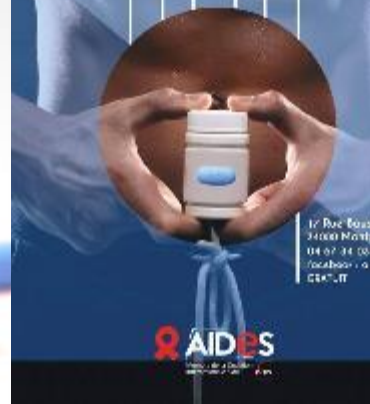
TU ES SERONEGATIF ET PARFOIS TU PRENDS DES RISQUES. SAIS TU QU'IL EXISTE UN NOUVEAU MOYEN POUR TE PROTÉGER DU VIH /SIDA ?

SI TU VEUX EN SAVOIR PLUS VIENS À NOTRE SOIRÉE D'ÉCHANGES ET D'INFORMATIONS AUTOUR DE

LA PrEP

MERCREDI 8 FEVRIER
A 19H30

Au local de AIDES PARIS 19
99 rue de Meaux 75019 Paris
Métro : Laumière (ligne 5)
Mail : paris19@aidos.org
Tel : 01.40.18.17.53
f @AidesParis19



Soirée d'échanges et d'informations

Apéro PrEP

(Prophylaxie pré-exposition du VIH)

Lundi 26 Sept.

à 19h

Local de Aides Nice

25 avenue Maloussini
(Tram Libération - dans l'impassée au niveau de la BNP)

LE SPOT

TOUS LES MERCREDIS A PARTIR DE 19H

We are PrEP

LA NOUVELLE SOIRÉE
DÉDIÉE AUX «PREPEURS»
AU «SPOT BEAUMARCHAIS»



TU ES PREPEUR, TU AS ENVIE D'ÉCHANGER ET DE PARTAGER TON VECU AVEC D'AUTRES PREPEUR ?

LE « SPOT BEAUMARCHAIS » TE PROPOSE, TOUS LES MERCREDI SOIRS, UNE SOIRÉE DE CONVIVIALITÉ POUR FAVORISER LA DISCUSSION ET L'ÉCHANGE, SANS TABOU, SANS JUGEMENT ET EN TOUTE CONFIDENTIALITÉ.

CET ESPACE TE PERMETTRA D'APPROFONDIR TES CONNAISSANCES SUR LA PREP : EFFETS INDESIRABLES, SCHEMAS DE PRISE, INTERACTION AVEC LES PRODUITS, IST... MAIS AUSSI D'ABORDER LES THÉMATIQUES DE SANTÉ SEXUELLE ET DE TRAVAILLER ENSEMBLE SUR LES IDÉES REÇUES AUTOUR DE LA PREP.

DANS UN ENVIRONNEMENT DÉTENDU ET BIENVEILLANT NOUS TE PROPOSERONS À BOIRE ET À GRIGNOTER, TU POURRAS AUSSI Récupérer du matériel de prévention : PRÉSERVATIFS « SKYN », XL, GEL, KIT+, KIT BASE, ROULETTE À PAILLE...

VIENS COMME TU ES !

LE SPOT BEAUMARCHAIS, 51 BOULEVARD BEAUMARCHAIS, PARIS 8
PREP.DI.J / WWW.PREP.INFO.FR

SEXE & SANTÉ
PAR AIDES

2017 : data of the last year

RTU Data :

- 2805 people had accessed PrEP in 2016
- 97,9% men
- Age average : 37
- Regions : Ile de France 59,7%, Auvergne Rhône-Alpes 10,6%, PACA 8,6%
- French people : 89,6% (other 9%, not specified 1,4%)
- Dosage regimen of Truvada : « demand drive » 58,1%, continuous 41,4%, not specified 0,6%

Only one contamination of a person who was taking PrEP

Marketing authorization accorded by EMA and set up in France from March :

Changes : renewal of prescription is made possible for liberal doctors, « demand drive » dosage regimen not concerned by this authorization



Focus support for PrEP

Official recommendations :

- The French group of experts recommends that the PrEP dispensation should be carried out with « a support (counseling) to the adherence to this prevention tool and the adoption in terms of safer sexual practices for all STIs »
- In October 2015, a commission of French Agency for Medicines recommended « community support to complement prescription and medical follow-up »
- The fact sheet on good use of medication for Truvada in PrEP specifies: « It is possible for the PrEP user to benefit from individual support offered by community and HIV / AIDS associations »



Focus on support for PrEP

Characteristics

- Community-based (peer-based): empathy, non-judgment in regard to sexual practices, substance use, lifestyle, etc
- Integrated into the medical consultation: before / after, on site, partnership agreement, briefing / debriefing with the medical team, etc.
- A long-term support, no "one shot", D0 / M1 / M4 / M7 ...
- Interview about all the sexual health problems and directs to other professionals (global health)
- Provision of prevention materials : condoms, lub, injection kits, etc.
- Available and reachable by email, text message or telephone
- From the individual to the collective : towards groups of exchanges between peers
- Evaluated: data collection and analysis



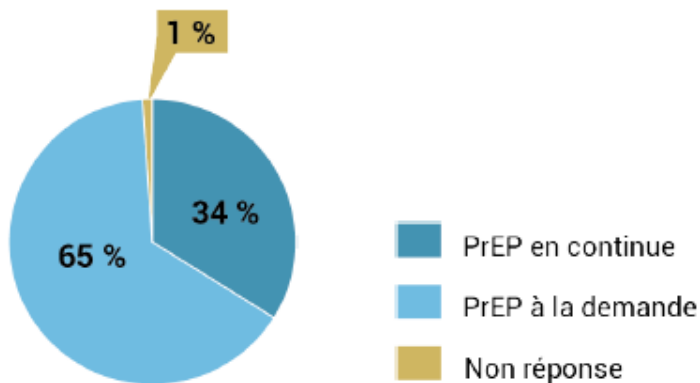
Focus on support for PrEP

Profile of PrEP users supported by AIDES

In 2016, 1,580 PrEP support interviews were conducted by our teams

This represents 807 different people, that is to say 29% of the people under PrEP followed for PrEP in 2016

Schéma de prise lors du dernier RDV



37
Âge moyen



99,5 %
sont des hommes



86 %
sont nées en France



3 %
consomment des
drogues en
intraveineuse



60 %
consomment des
drogues par un
autre mode que
par injection



7 %
ont reçu de l'argent ou
des drogues pour des
rapports sexuels



99,8 %
ont des rapports
sexuels avec des
hommes



65
partenaires sexuels en
moyenne au cours des
12 derniers mois



66 %
pratiquent le sexe en
groupe



2017 and after : perspectives

- Scaling up : the number of PrEP users is insufficient to have an impact on the epidemic
- Promote knowledge of PrEP among target audiences (street campaigns, social networks, communities, etc.)
- Work on access to PrEP for other communities : migrants, trans people
- Develop new forms of support (offshoring, remote) and seek funding
- ANRS-Prevenir clinical trial (3000 people in IDF): includes a scientific evaluation of the community support
- New forms of PrEP to come: other molecules, other modes of administration (injections, implants)



More information on www.aides.org/prevention

To contact us: prep@aides.org

Thanks to AIDES activists involved in the field. And to the headquarters sectors concerned: advocacy, quality / evaluation, research, Europe platform of Coalition Plus

Thank you for your attention !

NOUS RENCONTRER

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93508 Pantin CEDEX

NOUS CONTACTER

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(gratuit depuis un fixe)

NOUS SUIVRE

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soutenir.aides.org

